

THE ACHILLES CLUB 2009

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IN MEMORIAM

SJ Bryant (Lincoln College, Oxford, 1949-53) on January 30th 2008

Sidney John Bryant was one of the leading Oxbridge middle distance runners of the early 1950's, and continued to follow the athletics scene throughout his life. His widow was thrilled to see the picture last year's Report see the picture of him (centre), Ron Day (right) and Keith Marsden all crossing the line together in the Varsity 880y of 1952: Sidney's copy still hangs where it always has, over his desk. He was adjudged 2nd in that race, having deadheated for victory with Alan Scott in 1950. In 1951 he was 5th in the 3 miles. In the Transatlantic Series he was 3rd at 800m against Princeton & Cornell in 1950, and 3rd at 1500m against Harvard & Yale in 1951. In 1953 he placed 3rd in the Varsity 3 miles, and failed to secure selection for the US Tour. He competed in the Varsity Cross Country matches of 1949, 1950, 1951 and 1952.



Sir Richard Posnett (St John's College, Cambridge, 1938-40) on May 11 2009

Dick Posnett won the 120y hurdles in the Oxford v Cambridge Wartime Sports of 1940. His career as a diplomat, the memoirs of which can be found in his autobiography 'The Scent of Eucalyptus', was distinguished if at times controversial. He maintained his involvement

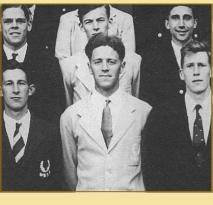


David Henderson encountered Dick Posnett in Uganda: one of his more charitable memories is:

"He fancied himself as an athletics starter, and got himself the job for a pre-independence Uganda national championships. Superficially he looked the part and had had a red blazer tailor made and bought a red cap. He'd pose, slightly crouched, pistol over his head, to earn a classic put down: as Posnett once again held the athletes just about for ever, an exasperated Ugandan AA official walked past: 'You're giving them cramp, Dick'." in athletics in occasional coaching and administration roles.



RHB Edwards (Trinity College, Cambridge, 1946-49) on 17th May 2009



Robert Edwards was President of CUAC in 1949, having served as Hon Sec the year before. A versatile and talented all rounder, he won the Shot Put in the Varsity Sports of 1948, and placed second in the Long Jump. In 1949 positions were reversed and he won the Long Jump while placing second in the Shot. That year he and Roger Bannister captained the Oxford and Cambridge team in the USA which defeated Harvard & Yale, Robert winning the Long Jump and contributing a leg of the winning 4 x 110y relay (the Shot was won by Yale's soon-tobe world record holder Jim Fuchs). Among the fond memories of the tour which he contributed for the 1995 series Centenary was a Senior Prom at which, in a nice reversal of today's ways, the team happily swigged water from a gin bottle.

Dr RJK Brown, (Trinity Hall, Cambridge 1937-40) in August 2008

Roderick Brown competed in the High Jump at the Varsity Sports of 1939. The younger brother of Ralph (1934 AAA Champion at 440y hurdles), Godfrey (1936 Olympic 4x400m Gold Medallist and 400m Silver Medallist) and their sister Audrey (1936 Olympic 4 x 100 Silver Medallist), he became a noted paediatrician.



GCR Clay (New College, Oxford 1926-29) on 16th April 2009, two days after his 102nd birthday

So when I come to die Throw no fresh flowers to me; I have loved them in my life, Bury them not that be.

But take some old dead flowers Whose fragrance has gone on, That they and I may cross together The unknown Rubicon.

> G.C.R.CLAY 12 July, 1932.

Gervas Clay's best year was probably 1929, when he was 2nd string in the Varsity Match 120y hurdles, gained a Standard Medal at the AAA 440y hurdles, and won for Achilles against Wales at Swansea. In 1930 he placed 2nd at 120y hurdles for Achilles v Sussex at Brighton on 21st May and 3rd at 440y hurdles and 2nd at 120y hurdles v Atalanta and the Universities Union at Birmingham on 24th May. He then embarked for a career in Northern Rhodesia where he continued his interest in our sport, being elected a Life Member of the Northern Rhodesia AA. He remained in regular correspondence with the Club, and was visited by Clare Martin on his 100th birthday

From Gervas Clay, writing in 1994 and 1998:

In 1929 I took part in another Achilles Tour in Ireland. I ran second in the hurdles against Ulster: we went on from there to Dublin where we competed on a very wet and stormy day. I won the hurdles by inches but was disqualified for knocking down 3 hurdles: the Irishman who was second was disqualified for knocking down 4.... (On the same day another Achilles team was competing in South Africa, It cannot have happened often that one club competed in two Internationals on the same day.) 'After the Dublin match there was a big dinner and the chair was taken by the Head of Police in Ireland, one O'Duffy I think. At the end of the dinner he said 'I would like to do something for these boys from London (sic), so I will give them freedom from Police for the City of Dublin for the night.' Drink flowed, and when the dinner was over, I and some friends went roaring and singing into the street . We were immediately held up by a Policeman

My trip to see Gervas and wish him a Happy 100th Birthday went well - his son was very friendly and showed me some amazing albums in which there were cuttings, photos and programmes from the fixtures of the 1920s! He also had his VM medals - all engraved with finishing times! Gervas happily tucked into the chocolates I'd taken! One of the funnier moments was when I'd been asked to identify the Achilles tie in Gervas's tie drawer - I picked out the only familiar-looking one (wide bands of light blue, dark blue and gold) but Gervas was adamant that it was not the Achilles one and I really didn't like to argue!!! [both were right - in Gervas' day the tie was plain gold] - *Clare Martin*

From Lancing College Exam Report for

- Latin

His success is evidence that the Age of

Miracles is still with us; I wish I could

claim the credit for myself, but I cannot

regard it as the result of anything but

Divine intervention.

Summer Term, 1926

who told us that we couldn't be allowed to behave like that. We replied that we had been given freedom from him and his likes for the night. He asked who had given it to us, and when we told him he said that 'he had no power to do so'. We suggested that he enter the Hotel and tell O'Duffy that himself. He faded away.

As a hurdler it was my privilege to run against or rather behind Lord Burghley on many occasions. The first time I ran in the A.A.A. Championships I changed and went down to the barrier to go out and warm up at Stamford Bridge. At the bar-

rier I was turned back by a policeman who said I was far too early as it was an hour before the hurdles heats. Very indignantly I turned back to return to the changing rooms, when I met Lord Burghley coming down to the barrier. I fell in behind him and when we got to the barrier he was smartly saluted by the policeman who had stopped me, an greeted with 'Good afternoon, My Lord.' He

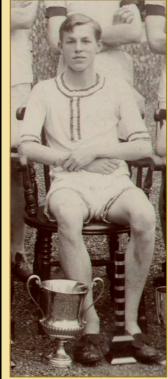
walked out on to the ground and I walked out behind him, thinking to myself that it was difficult enough to run against one as good as Burghley without being prevented by the Police from warming up....

The same year, I had run second to Burghley in the Midland Counties Championships. Afterwards we were lying on the grass recovering when the local secretary came up and said "Excuse me, m'Lord, but a member of our association for the past 30 years would be honoured to have a word with your Lordship". Poor Burghley had to get up and go off, while Clay continued to lie on the grass saying to himself "There are some advantages in not being a Lord". [photo—Burghley & Clay]

I think I have one small claim to fame — that of being the first Oxford man to run in the U.A.U. Championships in (I think) 1930. I made a new record in the high hurdles, which was broken a few years later by another Oxford man, David Hemery. I ran in Paris in 1928 in what were then the International Universities Games. An American walked over

to the start of my heat and said he wished to run. He had been a semi-finalist at the Olympics 2weeks before. The starter said 'You're lucky, there's a lane free', and allowed him to run. He won the heat and the final. I was beaten into third place by a Frenchman who had also run in the Olympics. We came over the last hurdle together and he beat me by inches on the run-in: the French press were highly interested in the unknown Englishman who had nearly beaten their Olympian.





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Barrie Strange, in April 2009.

A long time servant of Oxfordshire athletics, Barrie was ever present as a field referee at Varsity Matches and other OUAC fixtures.

Brigadier FR Webster (Christ's College, Cambridge, 1934-37), in September 2009

Dick Webster won the Pole Jump in the Varsity Sports of 1935, 1936 and 1937.

John Goodbody's obituary for The Times:

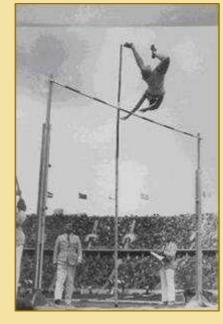
Britain has seldom been prominent in the pole vault, probably the most technically demanding of all athletics events and one that therefore requires regular practice. The absence for many years of suitable facilities led Geoff Dyson, the former national coach, to pronounce his tenet of the activity: "Where there are no pole vault pits, there will be no pole vaulters." One striking exception to this scarcity of outstanding competitors was Dick Webster, whose equal sixth place at the 1936 Olympics remains the highest position in the discipline by any British competitor, male or female, in the Games. His 4.00 metres clearance (13ft 11/2 inches) in Berlin remained a national record for 15 years.

Dick Webster was born in 1914 and educated at Bedford School, which he represented at the Public School Championships when it won the team event on three occasions. This pre-eminence was largely due to the coaching of Rex Alston, later a BBC commentator, and particularly Webster's father, F. A. M. (Frederick) Webster, a leading field events coach before the Second World War. His technical books became standard works. Webster went up to Christ's College, Cambridge, in 1934, where he was awarded a Lord Kitchener Memorial Scholarship. He won the pole vault in all three Varsity matches in which he competed and set the first of his five UK records in the event in 1935, when he cleared 3.82 metres



(12ft 6¹/₂ in). In 1936 he took the AAA national title with a clearance of 3.89 metres (12ft 9in).

This performance took him to the Olympics, where the pole vault was the highlight of his athletics career and one of the most memorable finals in the history of this event. It was also extensively featured in Leni Riefenstahl's celebrated film of the Games, with the competition continuing under floodlights, as the Americans Earle Meadows and Bill Sefton, nicknamed "the heavenly twins", took on the Japanese Shuhei Nishida and Sueo Ohe. Meadows won, setting an Olympic record, while Webster improved his previous UK record by 41/2 inches to tie sixth place with ten other competitors. In 1937 Webster cleared 13ft on two further occasions on a tour of the United States with an Achilles team of Oxbridge athletes, and also took the World Student Games



title. Two years later he won another AAA title. He returned to competition after the war. He won his third AAA title in 1948 and was picked for the London Olympics but failed to reach the final.

By this time Webster was in the middle of a distinguished army career, which he had begun by completing the young officers course at the School of Artillery at Larkhill, Wiltshire, in 1937. As a member of the British Expeditionary Force, his searchlight battery was evacuated through Dunkirk. He saw further service in North Africa and Italy, where he was mentioned in dispatches. In 1945 he was posted as an instructor to the Egyptian Army Staff College in Cairo. Among his pupils were Muhammad Naguib and Gamal Abdel Nasser, both subsequently Presidents of Egypt.

Further postings abroad after the war included Korea and Hong Kong. In 1957 Webster was posted as Commanding Officer of 42nd Field Regiment RA at Plymouth, the first gunner regiment since the war to be composed entirely of regular soldiers. He was promoted to brigadier in 1959 and subsequently became Deputy Director of Movements for the Army at the War Office for three years. His final posting was as Brigadier Royal Artillery (BRA) Northern Command, later combining this with duties of BRA Scottish Command. After 15 years farming in South Africa, he retired to Wiltshire. He is survived by his wife, two sons and a daughter.



RL Duncan (Magdalen College, Oxford, 1965-68), during 2009

Bob Duncan came up to Oxford from Princeton. He placed 3rd in the discus at the Varsity Sports of 1966 and 1967. In recent years he has been an enthusiastic and generous supporter of the American Achilles Foundation.

John Garrett (University College, Oxford, 1950-54)

E Harding Roberts (St. Peter's Hall, Oxford, 1935-38), on May 8th 2009

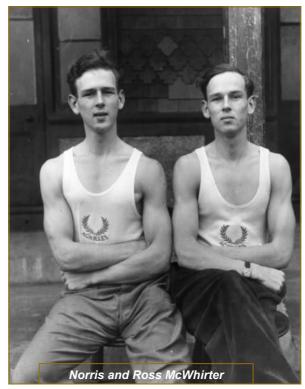
Eric Harding Roberts placed 6th in the mile at the Varsity match of 1938 (his main event, the 400m hurdles, was not added to the programme till as late as 1963). He moved to Herefordshire in 1949 and spent many years in helping to start and to develop the Herefordshire County AAA, and then the Offa's Dyke cross country race.

He was regular a email correspondent in recent years and in his nineties took pride in having mastered the complexities of his computer:

"In 1936 a travel agent in Oxford had tickets for the Berlin Olympics, and a friend and I bought two. and my Father bought one for my brother, who was still at school. We had no travel plans, no accommodation on route or in Berlin, no knowledge of the lingo, and little money. We biked there, sleeping in Youth Hostels when we could find them (a few pence a night as travellers could buy Marks at half-Price - Hitler needed foreign currency for guns or butter) Four Achilles members were there to support - Brown (Gold and Silver), Cornes, Lovelock (Gold), and Pennington.

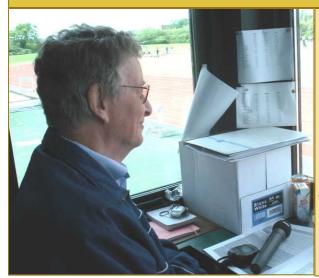
"I came across a letter from Jack Crump, the British team manager, inviting "Possibles" for the 1948 Olympics to a coaching weekend at Butlins in Clacton, all at the expense of Billy Butlin. He goes on to say that the British Amateur Athletic Board could not meet the cost of railway fares, and that coaches and athletes had to buy their own railway tickets. A good party, though, for those of us who were not serious contenders!

"The last Achilles event I attended was the Centenary dinner in 1964. A member present had competed in Athens in 1896. He must have then been as old then as I am now"





RON PICKERING AWARD FOR SERVICES TO ATHLETICS



Peter Matthews received the Ron Pickering Award for services to athletics at the British Athletics Writers' Association's Awards Although in great demand as a TV commentator, international announcer and statistician. Peter always tries to make time to take the microphone at the Varsity Match. He is editor of the International Track and Field Annual, the acknowledged "Bible" of world athletics, and co-edits Athletics International. A former editor of the Guinness Book of Records, he has covered numerous major championships and Olympic Games as a commentator and announcer. He is chairman of the National Union of Track Statisticians and a committee member of the international Association of Track and Field Statisticians.

The article last year on walking provoked a number of favourable responses, including one from **Keith Fraser**, a meber of Surrey Walking Club for 50 years.

Expressing his sadness at the death of **Derek Steel**, Keith recalls the half mile in the UAU [now BUCS] Championships of 1948: the start was delayed because Derek could not find his number: an official found a pencil and managed to write the number on his vest. Derek won, and Keith was second in a blanket finish.

Neil Thomas has turned from high jumping and hurdling to road running 'to stave off advancing age", posting 4:15 in the 2008 New York marathon

Keith Marsden (he's the one in the Achilles polo shirt) and Usain Bolt in Kingston after the West Indies had thrashed England in the 1st Test. When Keith mentioned to the Jamaican Minister for Sport that he had once run against Arthur Wint (Olympic gold medallist in the 400m (1948) and 4X400 (1952) and silver in the 800 (1948)) she insisted that he join Usain and Asafa Powell for photos.

Sir John Moreton has written in appreciation of the tribute in last year's Report to **Guy Wethered.** "We were colleagues in the winning OUAC team against Cambridge in 1939. For the match against Harvard & Yale in July I was chosen as first string in the 880 yards. based on form up to that point. I have vivid memories of the race, because on entering the home straight in the lead I felt I had the race in hand, and was more than surprised when Guy shot past me to establish a new match record. From that point on it was obvious he was heading for a glittering future.

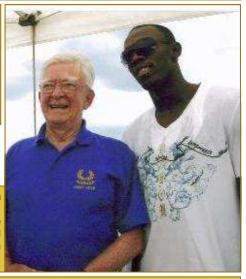
"I remember Guy as a charming and modest companion. I learnt of his death with great sadness while serving myself also on the Burma front."

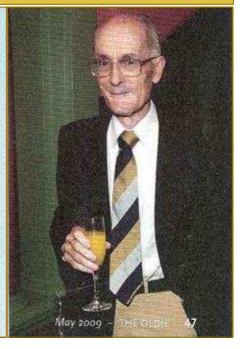
'THE OLDIE' ANNUAL AWARDS

★ WINNER ★ PETER HILDRETH

2012 OLYMPIC HOPEFUL AWARD

A semi-finalist in the 110m hurdles at the 1952 Helsinki Olympics, Peter was recently banned from Elphick's department store in Farnham for running up the downescalators to celebrate his 80th birthday. As he said, 'I was an international hurdler for ten years and never got the same celebrity then as I did for going up the escalator the wrong way!'



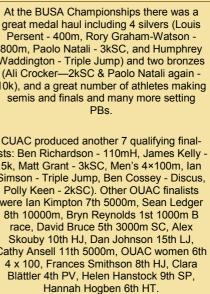




WORLD & UK TOP 50 RANKINGS 2009

World UK

1	<u>i ona</u>	<u>0</u>				John McCabe in 2008 on the basis
	2	1	Mara Yamauchi	Marathon	2:23:12	of a single outing of 53.74 at 400m was
	8	1	Andy Baddeley	1 mile	3:51.83	ranked 27th in the M45 world rankings
	37	3	Phyllis Agbo	Heptathlon	5952	John Moreland won the M50 discus at
	40		Andy Baddeley	1500m	3:35.07	the BMAF winter championships
	44		Garrett Johnson	Shot		
		1	Phyllis Agbo	Long Jump	6.47	Hatti Dean won the English National
		-	Andy Baddeley	5000m	13:20.99	Cross Country Champs at Parliament Hill. Michelle Sikes was 6th.
			Hatti Dean	10000m	13:31.76	Tim. Michelle Sikes was out.
			Grace Clements	Heptathlon	5740	At the BUSA Championships there was a
		7	Phyllis Agbo	100mH	13.49	great medal haul including 4 silvers (Louis
			Ben Moreau	Marathon	2:2:14	Persent - 400m, Rory Graham-Watson - 800m, Paolo Natali - 3kSC, and Humphrey
					13.75	Waddington - Triple Jump) and two bronzes
			Phyllis Agbo	Shot		(Ali Crocker—2kSC & Paolo Natali again -
			Hatti Dean	5000m	16:06.53	10k), and a great number of athletes making semis and finals and many more setting
			Nav Childs	Triple Jump	15.25i	PBs.
			Michelle Sikes	5000m	16:06.7	
			Louis Persent	400m	31:12.0	CUAC produced another 7 qualifying final-
			Andy Baddeley	800m	1:48.28	ists: Ben Richardson - 110mH, James Kelly - 5k, Matt Grant - 3kSC, Men's 4×100m, Ian
			Ben Carne	400mH	52.1	Simson - Triple Jump, Ben Cossey - Discus,
			David Bruce	3000m S/C	9:12.23	Polly Keen - 2kSC). Other OUAC finalists
		17	Grace Clements	Long Jump	6.02	were Ian Kimpton 7th 5000m, Sean Ledger 8th 10000m, Bryn Reynolds 1st 1000m B
		18	Ben Moreau	10000m	29:52.41	race, David Bruce 5th 3000m SC, Alex
		18	Ben Richardson	110mH	14.41/14.29w	Skouby 10th HJ, Dan Johnson 15th LJ,
		21	Humphrey Waddington	Triple Jump	15.03	Cathy Ansell 11th 5000m, OUAC women 6th 4 x 100, Frances Smithson 8th HJ, Clara
		22	Matt Grant	3000m S/C	9:14.42	Blättler 4th PV, Helen Hanstock 9th SP,
		22	Steve Green	400mH	52.76	Hannah Hogben 6th HT.
		22	Grace Clements	High Jump	1.75	
		23	Grace Clements	100mh	14.16	Paolo Natali prompted a brouhaha
			Grace Clements	Javelin	44.32	of over reaction and recrimination
			Adrian Hemery	Decathlon	6161	when he won the Norwich half
			James Kelly	5k road	14:36	Marathon, only to be disqualified for
			Phyllis Agbo	High Jump	1.73	running under another Cambridge
			Clara Blättler	Pole Vault	3.65	athlete's name. The title devolved
			Andy Hennessy	3000m S/C	9:25.04	on second placed lan Kimpton.
			Josh Mouland	Decathlon	5697	Athletics Weekly then added to the
			Paolo Natali	10000m	30:45.38	confusion by reporting the incident
			Martine Bomb	400mH	62.74	with two pictures of Richard Fran -
			Richard Baderin	110mH	14.90	zese, under the apposite headline <i>'Mistaken Identity'</i>
			Phyllis Agbo	Javelin	41.47	Wistaken ruentity
			Frances Smithson	High Jump	1.70	U.S. Contraction
			Grace Clements	Shot	12.19	
			Alex Skouby	High Jump	2.01	
			Lizi Brathwaite	1500m	4:21.87	
			Kathi Harle		4.21.67	
				Triple Jump		SAUCODY SAUCONY SAUCO
			Ian Kimpton	10000m	31:50.83	
			Ben Hope	Marathon	2:29:08	
			Lucy Spray	400mH	63.70	
			Jonathan Blackledge	800m	1:50.36	
			Mickael Decressac	Javelin	59.41	
			Andy Weir V40	Marathon	2:29:13	
			Frances Smithson	Triple Jump	11.58	Franzese Natali Kimpton
		48	Ashley Nord	Pole Vault	3.30i	
					7	



John McCabe in 2008 on the basis





LONDON MARATHON 2009

position	by age			age	club	time
2	2	MARA	YAMAUCHI	W18	Achilles	02:23:12
49	5	ANDREW	WEIR	M40	Achilles	02:29:13
194	146	DOMINIC	BIDDICK	M18	Cambridge	02:40:47
234	173	THOMAS	STECHER	M18	Cambridge	02:42:52
355	245	MICHAEL	OSBORNE	M18	Oxford	02:47:17
374	259	MAZEYAR	FIROUZI	M18	Cambridge	02:47:57
662	421	JAMES	CHETTLE	M18	Cambridge	02:55:32
696	441	JUSTIN	MOORE	M18	Oxford	02:56:19
1045	631	JOSEPH	STEVICK	M18	Cambridge	03:01:55
64	48	EMILY	FERENCZI	W18	Achilles	03:03:41
1140	248	CHARLES	MCGILLIGAN	M40	Cambridge	03:03:49
1194	703	WILLIAM	SWEET	M18	Oxford	03:04:44
85	62	GABRIEL	CARNWATH	W18	Achilles	03:06:59
1585	881		RUTHERFORD	M18	Achilles	03:10:16
1709	930	OLIVER	MOODY	M18	Oxford	03:11:52
179	118	SAMONE	BROCKETT	W18	Oxford	03:13:59
2107	1116	SIMON	GILBERT	M18	Cambridge	03:16:00
246	155	EMILIE	GILES	W18	Achilles	03:19:09
430	269	VICKI	GOODWIN	W18	Achilles	03:27:22
799	490	CHLOE	MITCHELL	W18	Oxford	03:39:05
870	532	JULIET	BERNER	W18	Oxford	03:41:04
5220	2768		KYNASTON	M18	Cambridge	03:41:40
5447	2889		MORRIS	M18	Cambridge	03:43:02
959	590		GIBSON	W18	Oxford	03:43:10
6384	3		GRIFFIN	M70	Cambridge	03:49:04
1234	759		CALDERBANK	W18	Oxford	03:49:21
1293	797		HELLIWELL	W18	Cambridge	03:50:46
8553	617		BRAWN	M50	Achilles	03:59:38
13834	2530		STEED	M40	Achilles	04:28:46
3966	2486		PIECH	W18	Oxford	04:29:51
5213	3283	LAURA		W18	Oxford	04:44:09
21167	139	JOHN	BRYANT	M65	Achilles	05:22:04



A recent Channel 4 documentary on what it takes to make it to the top as a distance runner spotlighted Ben Moreau and his training, which is geared towards gaining selection for the 2012 Olympic marathon.



EMAIL ADDRESSES WANTED!

If you are not getting our occasional advices on social events, fixtures and other club matters, please send us your email address. In particular our addresses for the following are out of date:

please check and advise paul.willcox@achilles.org

Jan Arriens Bobby Azamian Simon Baines Jeremy Ball Peter Banner Graham Barker Alice Beverly Courtney Birch Martin Bishop John Boulter **Bob Bowles** Rob Bowyer James Brierley Paul Bristow Jerome Brooks Marcus Browning David Bruce Jonathan Buckler Kathy Burgoigne Adrian Chapple Glyn Chidlow Nathan Cockrell Tony Cope Jo Dering Phil Duggleby Dan Eckersley **Toleme Ezekiel** David N Gardiner Emilie Giles Sean Gourley Peter Haarer Frank Haggerty Simon Hall Peter Harding Anna-Marie Harling Tom Hayman Bethan Hopewell

Sarah Hutchinson Anthony Hyde Garrett Johnson Tim Jones Tommy Kemp Ian Kimpton Rebecca Kueny James Leach Dan Leggate Niall Linden Alison Lister Michael Lokale Steve Marlow Kim Marvell Larry Matthews Steve McCauley **Tony Moore** Naomi Moran Ben Moreau Alistair Pagnamenta Carolyn Plateau Olivia Reade Andrew Richardson Alex Rusman Katie Sam **Caroline Sanderson** David Scharer Will Senbanjo Robert Sinclair Louise Steele Rota Stone Duncan Stone Darren Talbot **Richard Thomas** Peter Thompson Olivia Toye Cathy Woods



VARSITY FIELD EVENTS AND RELAYS MATCHES

Lee Valley Sports Centre, Pickett's Lock, London 28 February 2009

Men's relays, indoors Cambridge won 6-0 60m (run as 2 heats, with 4 University times totalled to determine the result)

Race 1 B. Richardson (C) 7.13, A. Ahmadnia (C) 7.25, J. Gilbert (O) 7.28, J. Osun-Sanmi (O) 7.44 Race 2 S. Buckeridge (O-guest) 7.11, M. Dyble (C) 7.11, A. Bullimore (O) 7.28, G. Kenyon (C) 7.32, M. Ponsford (O) 7.38, N. Stevens (C-guest) 7.46

Race 3 R. Harle (Achilles) 7.32, A. Adeyemi (Cguest) 7.45, J. Greenwood (C-guest) 7.52, XX (O-guest) 7.90, O. Churton (C-guest) 7.98

Cambridge total time 28.81, Oxford total time 29.38

4x 200m

Cambridge (M. Dyble 23.3, J. Greenwood 24.0, G. Kenyon 23.0, B. Richardson 22.3) 1:32.56

Oxford (J. McGinn 24.5, M. Ponsford 22.9, A. Abioye 24.1, A. Bullimore 22.5) 1:34.02

Cambridge "B" (N. Stevens 24.6, F. Mashiter 25.0, A. Adeyemi 24.7, O. Churton 26.7 - but this running order may be wrong) 1:40.92

4x400m

Cambridge (M. Dyble 52.5, E. Moyse 53.0, D. Nefs 51.7, R. Graham-Watson 50.3) 3:27.30 Oxford (J. McGinn 53.4, D. Austin 51.6, R. Hildick-Smith 51.9, D. Eckersley 51.0) 3:27.71 Cambridge "B" (K. Millar 52.4, G. Kenyon, A. Lomas, S. Bray) 3:32.15

4x800m

Cambridge (L. Fedus 1:58.9, R. Graham-Watson 1:54.9, J. Cook 1:56.7, S. Dobin 2:08.7) 7:58.95 Oxford (M. Bell 2:05.0, R. Hildick-Smith 2:01.3, D. Austin 1:58.3, D. Eckersley 1:59.2) 8:03.75 Cambridge "B" (C. Coulsting 2:05.7, F. Campbell 2:11.0, A. Thomas 2:10.4, A. Lomas 2:07.2) 8:34.32



4x1500m

Cambridge (C. Bannon 4:09.0, S. Dobin 4:16.4, J. Cook 4:16.6, J. Kelly 4:03.1) 16:45.21 Oxford (J. Mercer 4:14.6, S. Ledger 4:21.6, I. Kimpton 4:17.2, C. McGurk 4:10.7) 17:04.09 **60m hurdles** (*run as 2 heats, with 4 University times totalled to determine the result*) Race 1 B. Richardson (C) 8.22 **record**, R. Baderin (O-guest) 8.38, J. Gilbert (O) 8.61, J. Wheeler (C) 9.20, O. Stogdale (O) 9.29 Race 2 M. Collins (C) 8.95, J. Mouland (C) 9.04,



A. Skouby (O) 9.35, D. Eckersley (O) 9.76 Cambridge total time 35.41, Oxford total time 37.01

Men's field events Cambridge won 6-2 High Jump, indoors

Oxford 7.30 (A. Skouby 2.00 equals record, A. Abioye 1.85, A. Bullimore 1.75, J. Buckler 1.70) Cambridge 6.90 (H. Waddington 1.80, A. Fuller 1.80, R. Malekout [guest] 1.70, W. Scarrold 1.65, D. Timms 1.65)

Pole Vault, indoors

Oxford 12.10 (J. Smithdale 3.30, L. Williams 3.20, J. Douglas 3.00, A. Abioye 2.60) Cambridge 10.04 (A. Bates 3.52, J. Mouland 3.52, B. Ahmet [guest] 3.30, E. Moyse 3.00, T.

Wagner no height cleared) Long Jump, indoors

Cambridge 24.39 (G. Kenyon 6.39, I. Simpson 6.21, E. Moyse 6.04, R. Malekout [guest] 5.78, A. Adeyemi 5.75, A Bates [guest] 5.70)

Oxford 23.39 (A. Bullimore 6.74, J. Osun-Sanmi 5.58, J. Buckler 5.55, D. Johnson 5.52)

Triple Jump, indoors

Cambridge 51.95 (H. Waddington 13.85, I. Simson 13.51, A. Adeyemi 12.88, M. Collins 11.71) Oxford 49.32 (A. Bullimore 13.44, J. Osun-Sanmi 13.37, J. Buckler 11.71, D. Johnson 10.80)



Shot Putt, indoors

Cambridge 43.97 (E. Akinluyi 11.96, A. Lee 11.00, T. Roberts [guest] 11.00, M. Collins 10.80, J. Mouland 10.21, E. Moyse [guest] 9.89, P. McGarry [guest] 9.23)

Oxford 35.59 (C. Preusse 10.41, A. Abioye 9.67, R. Shearer 8.37, J. Matthews 7.14)

Discus, outdoors

Cambridge 138.90 (A. Wheble 38.48, B. Cossey 35.03, E. Akinluyi 33.60, R. Harper 31.79, P. McGarry [guest] 20.07)

Oxford 119.69 (J. Moreland [guest] 39.74, C. Preusse 37.59, R. Shearer 31.06, J. Matthews 26.29, J. Douglas 24.75)

Hammer, outdoors

Cambridge 131.69 (A. Lee 43.45, Wheble 39.29, P. Mcgarry 29.88, H. Waddington 19.07)

Oxford 98.28 (J. Matthews 27.08, C. Preusse 24.48, R. Shearer 23.61, J. Douglas 23.11)

Javelin, outdoors

Cambridge 163.47 (M. Collins 43.76, R. Martin 43.52, R. Malekout 40.30, E. Moyse 35.89, J. Mouland [guest] 34.34)

Oxford 135.19 (J. Douglas 41.15, L. Williams 34.97, C. Preusse 32.67, R. Shearer 26.40)

Women's relays Oxford won 4-2 60m (run as 2 heats, with 4 University times totalled to determine the result)

Race 1 L. Spray (C) 8.16, D. Smith (O) 8.16, K. Laidlow (C) 8.25, F. Smithson (O) 8.31, M. Bomb (O-guest) 8.38, S. Hughes (O-guest) 8.43 Race 2 E. Binner (O) 8.36, B. Welbourn (C)



8.43, N. McManus (O-guest) 8.55, S. Madgett (O) 8.73, M. Tyler (C) 8.83 Oxford total time 33.56. Cambridge total time 33.67 4x200m Cambridge (K. Laidlow 26.8, J. Lister 27.6, B. Welbourn 26.7, L. Spray 25.6) 1:46.61 Achilles (M. Bomb 27.8, S. Hughes 27.3, G. Clements 26.2, N. McManus 26.0) 1:47.27 Oxford (D. Smith

27.4, N. Christopher 27.7, J. Rieck 27.2, E. Binner 26.1) 1:48.35 **4x400m** Cambridge (K. Laidlow 60.0, J. Lister 61.7, B. Welbourn 61.8, L. Spray 60.0) 4:03.45 Oxford (E. Binner 61.4, C. Witcombe 61.1, J. Rieck 62.0, D. Smith 65.2) 4:09.62 **3x800m** Oxford (C. Kane 2:26.6, C. Witcombe 2:22.5, C. Plateau 2:17.9) 7:06.83

Cambridge (C. Noble 2:27.8, P. Keen 2:24.8, N. Taschimowitz 2:21.9) 7:14.27

3 x 1500m

Oxford (M. Johns 4:52.2, C. Kane 5:04.3, C. Plateau 4:57.9) 14:54.26

Cambridge (M. Cavitte 5:02.4, E. Alden 6:00.1, N. Taschimowitz 4:50.7) 15:53.06

60m hurdles (run as 2 heats, with 4 University times totalled to determine the result)

Race 1 S. Madgett (O) 9.94, S. Hughes (Oguest) 9.94, L. Duke (C) 10.17, E. Craven (C) 10.42, C. Witcombe (O) 10.51

Race 2 E. Rowley (C) 9.93, N. Christopher (O) 10.19, J. Rieck (O) 10.34, K. Laidlow (C) 10.85 *Oxford total times 40.98, Cambridge 41.37*

Women's field events Tied 4-4 High Jump, indoors

Oxford 4.76 (F. Smithson 1.66, G. Hood 1.60, H. Hanstock 1.50)

Cambridge 4.61 (E. Perkins 1.66, M. Tyler 1.60, J. Lister 1.35)

Pole Vault, indoors

Cambridge 7.60 **record** (L. Duke 2.80, S. Williams 2.70, S. Tobin 2.10, T. Hall 1.80)

Oxford 7.40 (C. Blatter 3.20 **record**, S. Madgett 2.20, H. Hanstock 2.00)

Long Jump, indoors

Oxford 14.74 (F. Smithson 5.08, H. Hanstock 4.87, S. Madgett 4.79, L. Groom 4.20)

Cambridge 14.64 (L. Spray 4.94, L. Duke 4.91, M. Tyler 4.79, L. McGarty 4.62)

Triple Jump, indoors

1 Oxford 30.71 (F. Smithson 11.00, H. Hanstock 10.15, S. Poulsen 9.56, L. Groom 9.34)

2. Cambridge 30.40 (M. Tyler 10.37, L. McGarty 10.26, L. Spray 9.77)

Shot Putt, indoors

Cambridge 29.44 (L. Duke 10.49, C. Palmer 10.00, S. Vigrass 8.95, R. Perio 6.20)

Oxford 26.46 (H. Hanstock 8.98, F. Smithson 8.74, H. Hogben 8.74)

Discus, outdoors

Cambridge 86.32 (L. Duke 29.14, S. Vigrass 28.95, C. Palmer 28.23, R. Perio 14.36) Oxford 71.44 (H. Hogben 31.88, C. Harzan

20.98, L. Kwok 18.58, E. Gelman 15.45)

Hammer, outdoors

Cambridge 92.33 (L. Duke 35.71, J. Melluish 34.64, R. Perio 21.98)

Oxford 82.63 (H. Hogben 39.80 **equals record**, L. Groom 21.94, E. Gelman 20.89, C. Harzan all no throws)

Javelin, outdoors

Oxford 78.65 (F. Smithson 32.51, H. Hanstock 24.33, L. Kwok 21.81, G. Hood 18.67) Cambridge 76.76 (C. Palmer 33.54, S. Vigrass

Cambridge 76.76 (C. Palmer 33.54, S. Vigrass 29.53, R. Perio 13.69) *CJRT 14.6.2009*

TRANSATLANTIC TOUR 2009



On Sunday 5 April, a crisp spring day, the touring party of fifty athletes and coaches assembled at Heathrow – ready for our muchanticipated departure after a lengthy build-up. There was an air of quiet confidence amongst the team members, supported by the belief that this seemed to be one of the strongest touring parties to cross the Atlantic in many a year. After a pleasant 7 hour flight, we touched down at JFK, and almost immediately boarded a coach to Boston. We arrived in Boston just after midnight, where we were met by the Harvard coaches and athletes, and paired up with the



Charles Sherill of Yale inaugurated the series and invented the crouch start

students who would be hosting us for the next three days.

After a lie-in the next morning and a hearty breakfast, the team congregated at Harvard's excellent indoor facility – perhaps the best in the Ivy League. With a mere four days until the critical match against Harvard & Yale, there was a tremendous sense of energy and urgency about the team. The sprinters and jumpers made use of the indoor track, whilst most of the throwers and distance runners braved the driving rain to train outdoors. In the afternoon, the team split into smaller groups to explore Boston, before getting together in the evening for a team meal in one of the excellent college dining halls and a few drinks in a local bar. After more training and relay practice the next morning, the team enjoyed an afternoon off before heading to a party organised by the Harvard team at a local Irish bar. It was a final chance to let our hair down and enjoy the company of our hosts before the serious match preparations began.

After a quick breakfast and a light training session the following morning, the team boarded the coach for the relatively short journey to New Haven. For the next two nights in the build-up to the match, we stayed in a hotel just off the Yale campus thanks to generous donations from members of the American Achilles Foundation. Despite dire warnings of a certain grisly death if we took a wrong turn out of the hotel door, our time in New Haven was relaxing, and the Yale students were impeccable hosts. The food in Yale's massive central dining hall was perhaps the best of the tour, and the students were generous with their hospitality – keen to entertain at any opportunity.

After two restful nights in our hotel, the



team awoke fresh and determined on Good Friday morning ahead of the match. At the prematch team meeting the atmosphere was bullish. We knew that we had a strong team – reinforced by the arrival of American international Shot Putter Garrett Johnson from Florida the previous evening – and there was also a suspicion that the Harvard & Yale athletes were more interested in their dual meet the following week than taking on the Oxbridge team. We knew that if we competed hard, performed well, and had some luck, we had the chance of a memora-



Clara Blättler

ble upset.

As it happened, the match couldn't have got off to a better start. In the very first event, the 3000m Steeplechase, Oxford's David Bruce produced a remarkable performance, smashing his PB by almost 18 seconds to take victory and deliver an important psychological blow. Indeed, the Oxbridge men enjoyed much the better of the opening exchanges, with Bruce's victory followed in quick succession by comfortable wins on the track for Cambridge sprinters Ben Richardson (110mH) and Ben Ellis (100m). In the 400m, Cambridge freshman Louis Persent – 2008 World Junior Championships silver medallist in the 4x400m relay – recorded a comfortable season-opening victory in 47.67. In the field, the start was similarly promising, with Oxford's Garrett Johnson taking victory in the Shot with a huge match record of 19.58m, whilst Cambridge's mercurial Frenchman Mickael Decressac courageously overcame a sore shoulder to take the Javelin with a 59.41m throw. After eight events in the men's match, the Oxbridge side led 6-2, but Harvard & Yale were not going to lie down without a fight.

Meanwhile, the women's team faced a tough battle against a strong Harvard & Yale team, but nevertheless performed impressively. There were a number of notable performances by the distance runners, with Oxford's former NCAA 5000m champion Michelle Sikes easing to victory in the 1500m, whilst German Julia Lange stepped up from her preferred 1500m event to win the 5000m. The throwers also performed impressively, with Rebecca Kueny recording wins in the Javelin and Discus, whilst Laura Duke won the Hammer and set a new PB in the Shot. Team captain Fran Smithson of Oxford competed in three events, winning her least favourite – the Triple Jump; while Harvard alum Clara Blattler defeated her former teammates in the Pole Vault. However, despite the success in the field, the women were somewhat overmatched by the strength and depth of the American team on the track, though they continued to compete valiantly throughout.

The almost inevitable American fight-back in the men's competition began in the 800m, where Harvard's Brian Hill outkicked Oxbridge captain Cook in a tactical race that came down to the final strides. This win was swiftly followed by American victories in the Pole Vault, Discus, Long Jump, and 400m Hurdles as the match swung back into the balance. Yet, this was an Oxbridge team that believed in itself, and had the mental toughness and physical skills to overcome adversity. Ben Ellis swung the momentum back in our direction with his second individual victory - this time in the 200m. Then, Ian Simson scored a crucial victory in the Triple Jump, taking the competition with a 14.00m personal best on his final jump. With an American victory in the High Jump looking likely, the 5000m took



Women3000MeterS/CBevinPetersHY10:50.5NicoleCochranHY10:55.4CatherineAnsellOC11:03.0	
Nicole Cochran HY 10:55.4	
CatherineAnsell OC 11:03.0	
Alison Crocker OC 11:14.8	
Men 3000 Meter S/C	
David Bruce OC 09:12.2	
Matt Bogdan HY 09:13.9 Matthew Grant OC 09:24.6	
Women 1500 Meter Run	
Michelle Sikes OC 04:30.9 Reco	rd
Claire Richardson HY 04:31.8	
Lucy Flanner OC 04:39.0	
Kelli Buck HY 04:50.1	
Men 1500 Meter Run	
Murat Kayali HY 03:54.5	
Dan ChenowethHY 03:54.9	
Andrew Heyes OC 04:02.1	
Women 100 Meter Hurdles	
Jen Lin HY 15.47 -0.2 Sally Hughes OC 16.52 -0.2	
Men110MeterHurdlesBenjamin RichardsonOC14.79-0.5	
Ted Galligan HY 15.66 -0.5	
Joshua Gilbert OC 16.02 -0.5	
Tyler Funk HY 18.8 -0.5	
Women 400 Meter Dash	
Claudia Duncan HY 56.26	
Thea Lee HY 58.25	
KatherineLaidlow OC 58.63	
Lucy Spray OC 58.99	
Men 400 Meter Dash	
Louis Persent OC 47.67	
Remi Ray HY 48.26 Derek Jones HY 49.16	
Derek Jones HY 49.16 Phil DugglebyOC 51.53	
Angus Mercer OC X52.31	
Geoff Hill OC X53.91	
Women 100 Meter Dash	
Favia Merritt HY 12.31 -0.8	
Alexa Monti HY 12.74 -0.8	
DominqueSmith OC 12.99 -0.8	
Men 100 Meter Dash	
Benjamin Ellis OC 10.9 -0.6	
Brandon Giles HY 11.23 -0.6	
Matt Bieszard HY 11.36 -0.6 Sean BuckeridgeOC 11.46 -0.6	
Sean BuckeridgeOC 11.46 -0.6 Women 800 Meter Run	
Kate Grace HY 02:08.4 Reco	rd
Hilary May HY 02:11.2	i u
Men 800 Meter Run	
Brian Hill HY 01:55.1	
Jonathan Cook OC 01:55.4	
Chris Labosky HY 01:55.8	
Richard Hildick-SmithOC 01:57.7	
Women 400 Meter Hurdles	
Jen Lin HY 01:02.0	
Martine Bomb OC 01:02.7	
Katie OrchowskiHY 01:07.3	
Sally Hughes OC 01:11.7 Men 400 Meter Hurdles	
Men400MeterHurdlesJustinGrinsteadHY53.61	
Guille Ghilocourre Go.01	

		- HILPE		
Гed	Galligan	HY	54.5	
Daniel	Eckersley		56.96	
Michael	Collins	00	DNF	
Nomen	200	Meter	Dash	0.4
avia	Merritt	HY	25.41	2.1
Katrina Natalie	Drayton McManus	HY	26.55 27.93	2.1 2.1
	Welbourn		28.44	2.1
Men		Meter	Dash	2.1
Benjamin		OC	21.65	0.4
	Dyble	0C	22.21	0.4
Marty	Evans	HY	22.37	0.4
John	Dingus	HY	22.47	0.4
Nomen	5000	Meter	Run	
Julia	Lange	00	17:20.8	
Kailyn	Kuzmuk	HY	17:26.4	
Stacy		HY	17:41.6	
Helen	Rollins	00	18:18.8	
Men	5000	Meter	Run	
Richard	Franzese		14:42.9	
Steve		HY	14:45.8	
an	Kimpton Brown		14:54.9 15:19.2	
Max Nomen	4x100	HY Meter		
	48.66	weter	Relay	
	Merritt			
Smith	Trotter			
C	51.12			
Men	4x100	Meter	Relay	
	41.59			
Buckerido	e Richard	lson		
Dyble	Ellis			
	42.29			
Evans	Holmes			
Stanley	Giles			
	4x400	Meter	Relay	
ΗY	03:48.9	Record		
_ee	Duncan			
Lin	Grace			
OC	04:03.9 McManus			
_aidlow Spray	Bomb)		
Men	4x400	Meter	Relay	
		Record	ricity	
Evans	Bieszard			
Soiles	Ray			
C	05:46.9			
Millar	Ellis			
Eckerlsey	1	Persent		
Nomen		Jump		
Becky C	Christens		1.75m	Recor
Emily	Standis		1.65m	
-rances	Smithe		1.60m	
Men	High	Jump	2.04	
Sam	Fox	HY	2.04m	
	ler Skou		1.99m	
≺ieran Nomen		OC Pole	NH Vault	
Nomen Clara		OC	Vault 3.50m	
	Carroll	HY	3.20m	
Florence	e Caval		3.05m	
	Jung	HY	NH	

Paige	Martin	HY	X3.05m
Men	Pole	Vault	
Nico	Weiler	HY	5.20m Record
Eric	DePalo		4.60m
Ihoma	s Wagne	er OC	3.60m
Wome	n	Long	Jump
Brittan	Smith	HY	5.69m
France	s Smiths	SON OC	5.39m
Eve	King	HY	5.03m
-			5.0511
Men		Jump	
	ds Holm		7.09m
Andrew	/ Bullimc	ore OC	6.67m
lan	Simsor	OC	6.60m
	n Infinge	er HY	6.22m
Wome		Triple	
	s_Smith		11.58m
Elissa	Reidy		11.40m
Men	Triple	Jump	
lan	Simsor		14.00m
	Bullimo		13.77m
	Bao		13.75m
David	Soiles		12.24m
Wome	n Discu	s Throw	/
Rebeco	a Kuen	VOC	37.92m
	Kuschr		37.48m
			Y36.95m
	Duke		32.79m
Men	Discus	Throw	
Jeff	Lachma	an HY	53.26m
Garrett	Johnso	n OC	52.62m
Nate		HY	47.42m
	anPreus		37.67m
	IIFICUS		
	Morela		[X45.28m
John	Morela	nd OC	[X45.28m 1.5kg M50]
	Morela	nd OC	[X45.28m
John Womei	Morela	nd OC Hamm	[X45.28m 1.5kg M50]
John Womei Laura	Morela n Duke	nd OC Hamm OC	[X45.28m 1.5kg M50] er Throw 41.73m
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John Womer Laura Stepha Rachel Men Eric Neville Andrew Jet Jeff Womer Clare Men Mickae Kevin Felix Womer Lauren	Morela Duke nyScara Kuschr Hamm Clayma Irani /Lee Theriac Lachma Palmer Javelir IDecres Hicken Schaff n Barber	Hamm OC OC Imell HY er an HY HY OC OC an HY Javelir OC Dan HY OC Throw sacOC bottomH OC Shot HY	[X45.28m 1.5kg M50] er Throw 41.73m 41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.51m 40.51m 40.49m 36.71m 59.41m IY53.95m 45.34m Put
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John Women Laura Stepha Rachel Men Eric Neville Andrew Jet Jeff Women Rebecc Evan Clare Men Mickae Kevin Felix Women Lauren Stepha	Morela Duke nyScara Kuschr Hamm Clayma Irani /Lee Theriac Lachma Palmer Javelir IDecres Hicken Schaff n Barber nyScara	Hamm OC OC Imell HY er An HY HY OC OC An HY Javelir OC Dan HY OC Dan HY OC Shot HY Imell HY OC	[X45.28m 1.5kg M50] er Throw 41.73m 41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.49m 36.71m 59.41m 1753.95m 45.34m Put 13.02m
John Women Laura Stepha Rachel Men Eric Neville Andrew Jet Jeff Women Rebecc Evan Clare Men Mickae Kevin Felix Women Laura	Morela Duke nyScara Kuschr Hamm Clayma Irani (Lee Theriac Lachma rakueny Favern Palmer Javelir IDecres Hicken Schaff Barber nyScara Duke	nd OC Hamm OC amell HY her HY er an HY OC coC an HY OC bottomH OC Shot HY Mell HY OC Put	[X45.28m 1.5kg M50] er Throw 41.73m '41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.49m 36.71m 59.41m 1753.95m 45.34m Put 13.02m '12.19m 11.65m
John Women Laura Stepha Rachel Men Eric Neville Andrew Jef Jeff Women Clare Kevin Felix Women Lauren Stepha Laura Men Garrett	Morela Duke nyScara Kuschr Hamm Clayma Irani (Lee Theriac Lachma rakueny Favern Javelir IDecres Hicken Schaff Barber nyScara Duke Shot Johnso	nd OC Hamm OC amell HY her HY er an HY OC coC an HY OC bottomH OC Shot HY OC bottomH OC Shot HY OC DC bottomH OC Shot HY OC Shot HY OC Shot HY OC	[X45.28m 1.5kg M50] er Throw 41.73m '41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.49m 36.71m 59.41m IY53.95m 45.34m Put 13.02m '12.19m 11.65m 19.58m Record
John Women Laura Stepha Rachel Men Eric Neville Andrew Jet Jeff Women Clare Evan Clare Kevin Felix Women Lauren Stepha Laura	Morela Duke nyScara Kuschr Hamm Clayma Irani (Lee Theriac Lachma rakueny Faverr Javelir IDecres Hicken Schaff Barber nyScara Duke Shot Johnso	nd OC Hamm OC amell HY her HY er an HY HY OC coC an HY Javelir OC throw sacOC bottomH OC Shot HY OC Shot HY OC Put n OC an HY	[X45.28m 1.5kg M50] er Throw 41.73m '41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.49m 36.71m 59.41m IY53.95m 45.34m Put 13.02m '12.19m 11.65m 19.58m Record 15.76m
John Women Laura Stepha Rachel Men Eric Neville Andrew Jef Jeff Women Clare Kevin Felix Women Lauren Stepha Laura Men Garrett	Morela Duke nyScara Kuschr Hamm Clayma Irani (Lee Theriac Lachma rakueny Favern Javelir IDecres Hicken Schaff Barber nyScara Duke Shot Johnso	nd OC Hamm OC amell HY her HY er an HY HY OC coC an HY Javelir OC throw sacOC bottomH OC Shot HY OC Shot HY OC Put n OC an HY	[X45.28m 1.5kg M50] er Throw 41.73m '41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.49m 36.71m 59.41m IY53.95m 45.34m Put 13.02m '12.19m 11.65m 19.58m Record
John Women Laura Stepha Rachel Men Eric Neville Andrew Jet Jeff Women Clare Evan Clare Kevin Felix Women Lauren Stepha Laura	Morela Duke nyScara Kuschr Hamm Clayma Irani (Lee Theriac Lachma rakueny Faverr Javelir IDecres Hicken Schaff Barber nyScara Duke Shot Johnso	nd OC Hamm OC amell HY her HY er an HY HY OC coC an HY Javelir OC throw sacOC bottomH OC Shot HY OC Shot HY OC Put n OC an HY	[X45.28m 1.5kg M50] er Throw 41.73m '41.13m 35.30m Throw 55.45m 54.82m 46.20m 39.50m X55.53m Throw 40.51m 40.49m 36.71m 59.41m IY53.95m 45.34m Put 13.02m '12.19m 11.65m 19.58m Record 15.76m

on crucial significance. Oxford pair Richard Franzese and Ian Kimpton worked expertly in tandem to dictate the pace, and with 600m to go Franzese and the Yale athlete broke away from the other two runners. Over the remainder of the race, the lead seemed to change hands on about five occasions, but to the immense relief of the Oxbridge team it was Franzese who strode away over the final 50m to take a crucial win.

d=

With only the two relays to come on the track, it was clear that one victory from two would be sufficient to win the men's match. With tension reaching fever-pitch, the men's 4x100 team took centre stage. Oxford's Buckeridge led off, handing over to Richardson who stormed away down the back straight. Mark Dyble, another Cambridge freshman, ran an excellent



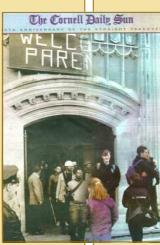
bend to maintain the advantage, giving the Oxbridge team a sizeable lead going into the final

leg. Fittingly, it was Ben Ellis who took the baton, charging away from Yale captain Brandon Giles to secure the victory. The wild celebrations that followed and the mixed feelings of triumph and relief will, I'm sure, live long in the memory of those who experienced them. However, there was to be one final cruel twist of fate before the day was done. With several women's field events still in progress, and an overall victory still technically possible, the men's 4x400 team aimed to keep these chances alive. Kieran Millar led off solidly, handing over to Ellis, but

as the Oxbridge hero aimed to make his move round the top bend, he pulled up suddenly, to gasps from the supporters, with a torn hamstring. Nevertheless, determined to finish, Ellis limped round the remainder of his leg, handing off to Eckersley, and then on to Persent who crossed the line to great acclimation.

The banquet at Davenport College that evening was a convivial affair, and though ostensibly a 'dry' occasion, the usual suspects managed to sneak in some alcohol to liven up proceedings. Ben Ellis was deservingly given the Liles Award for outstanding performer, whilst Laura Duke received the Boal Trophy for her

excellent win in the Hammer. After the presentation of medals and a large number of speeches, the time for the presentation of match trophies finally arrived. Oxbridge captain Jon Cook was invited forward to receive the Achilles Trophy for the men's match - a testament to the hard work so many individuals had invested in the organisation and preparation of the tour, and an outstanding team With the performance. banquet over, it was time for the real celebrations to



Grant was coaxed into removing his hat - revealing a horrendous Mohican (the hairstyle of

choice amongst the Yale men's team at the time). After a mercifully short drive, we checked into our hotel on Staten Island, where we'd be based for the next two days. New York provided invaluable down-time after the emotional rollercoaster of the last few days, and small parties set out to enjoy their free time and explore the city. Whilst some people were keen to see all the tourist sites, others sought a more relaxing experience. Thanks to the generosity of Geoff Hill, a number of athletes enjoyed a superb Easter Sunday brunch at the Yale Club in Midtown Manhattan.

On Monday morning, it was on to Cornell. After a lengthy coach journey we arrived at Cornell's indoor track, and almost immediately began a training session to shake off the inactivity of the past few days. The throwers went outside to do technical work, while many of the sprinters chose to remain indoors and make use of the weights facilities. The Cornell coaches and students more than lived up to their well-earned reputation for generous hospitality, and we were entertained with spontaneous house parties and more formal gatherings on every evening of our stay. Despite warnings of perpetual freezing temperatures and blizzards in Ithaca, the weather was mostly mild and pleas-

ant, and the rural set-

ting a pleasing con-

trast with the bustle of

medical staff were

also very generous in

offering treatment to

our growing list of

walking wounded, and

it was with some re-

gret that we assem-

bled on Thursday for the long journey to

We arrived in Phila-

delphia on a glorious

sunny afternoon, and

were met by the Penn

coaches who gave us

Philadelphia.

The Cornell

NYC.



4 x 400m victors Eckersley, Millar, Persent & Mercer with coach Mark Thomas

begin, and we repaired to one of the Yale 'track houses' and onwards to another 'frat house' for a lot of drinking, and innumerable games of Beer Pong with our new friends from Yale.

Early the next morning, the generally tired and hung-over team assembled for the coach journey to our next tour base in New York. As a clue to the previous evening's carnage, Matt

a tour of the majestic 60,000 seat Franklin Field where we would be competing on Saturday, and introduced us to our hosts. We were staying at the Sheraton hotel just off campus to rest up before the match, but as luck would have it we had arrived in the middle of 'Spring Fling', the major party week of the year at Penn. We spent Friday exploring the city, before congregating in



the evening for a concert given by the rap artist 'Akon' at Franklin Field, for which the Penn staff had generously provided free tickets. Regrettably, with the match starting at 8.30 the next morning, most of us decided to leave the concert just after the warm-up act, but it was a fun experience nevertheless. The match against Penn and Cornell was always going to be a tremendous challenge. The men's team had lost match winners Decressac and Johnson, who had departed the tour after the win in New Haven, whilst Ben Ellis was ruled out through injury. The women were also afflicted by injuries to distance runners Charlotte

3000m	Steepled	haso	Men
Adrien	Dannemi		09:02.4
Matt	Grant,	0&C	09:14.4
David	Bruce,	0&C	09:21.3
Pete	Loy,	P&C	09:32.1
3000	Steepled	hase	Women
Rachel	Kirsch,		11:03.9
Maura		P&C	11:08.9
Catherin	eAnsell.	0&C	11:16.8
4x100	Relay	Men	
		men	40.00
'A'	Penn		42.39
'A'	Oxford-C	ambridge	43.26
4x100	Relav	Women	
'A'	Cornell		46.9
'A'	Penn		47.75
'B'	Penn		x48.71
'A'	Ovford_C	ambridge	50.38
	Oxioiu-O		50.50
1500		Men	
Charles	Hatch,	P&C	03:49.1
Owen	Kimple,	P&C	03:49.6
		0&C	03:57.7
Andrew	Heyes,		
Richard	Franzese	e,0&C	04:01.6
1500		Women	
Michelle	Sikes,	O&C	04:32.5
Lucy	Flanner,	O&C	04:35.5
Kinjal	Parikh,	P&C	04:37.8
Caroline	Heidt.	P&C	04:38.0
		1 40	04.00.0
100	Hurdles		
Taylor	Baird,	P&C	14.49
Paige	Madison,	P&C	14.63
Lauren	Tanz,	P&C	14.85
Chelesa			15.47
Sally	Hughes,	0&C	16.47
110	Hurdles		
			14.04
	Richards		14.61
Max	Westmar	ı,P&C	14.84
Joshua	Gilbert,	O&C	15.75
Jeremy	Sinclair,	P&C	X15.48
Willie	Harris,	P&C	X15.49
Jeff	Seddon,	P&C	X15.78
400		Women	
	Deserve		FF 00
Erin	Payne,	P&C	55.88
Laura	McDanie	I,P&C	56.57
Kate	Backle,		57.79
Jordan	Brown,	P&C	59.6
	Welbourr		01:01.1
Natalie	MacMan	us,O&C	01:02.7
400		Men	
	Van Maro		47.87
Eeden,			
Sam	Shephero	1,P&C	48.82
Kieran	Millar,	0&C	49.62
Phillip	Duggleby		51.38
	Duggieby	,000	VE4.04
Angus	Mercer,	U&C	X51.64
100			
Krystal	Williams,	P&C	12.26
Leah	Brown,	P&C	12.3
Janice	Nsor,	P&C	12.3
Katherin	eLaidlow,	O&C	12.78
Doming	ieSmith,	0&C	12.8
	comur,		12.0
100		Men	
Joey	Brown,	P&C	10.85
	Richards		11.02
			11.02
Mork	INNIA	0&C	1114
Mark			
Mark Nathan	Crabtree		11.06

Joshua	Gilbert,	O&C	X11.35
Sean	Buckeride		X11.24
800		Women	
Anna	Aagenes,	P&C	02:08.3
Tamara	Wynne,	P&C	02:12.6
800		Men	
Darryll	Oliver,	P&C	01:50.5
Richard		mith,O&C	
Jonathan		O&C	01:52.6
400		Ode	01.52.0
	Hurdles	D1O	04.00.0
Jessica	Weyman,		01:00.2
Paige	Madison,		01:01.3
Molly	Glantz,	P&C	01:03.2
Lucy	Spray,	0&C	01:06.1
Sally	Hughes,	O&C	01:06.8
400	Hurdles		
Nick		P&C	53.51
Michael	Kippins,	P&C	53.88
Daniel	Eckersely	1,0aC	56.14
200	Women		
Kali	Strother,	P&C	24.79
Mecha	Santos,	P&C	25.5
Katherine	Laidlow,	0&C	26.16
Dominque	eSmith.	O&C	26.74
200	Men		
Nathan	Crabtree,	PLC	21.6
	Benjamin		
Kevin			22.02
Louis	Persent,		22.04
Sean	Buckerid	je,O&C	22.75
200 n/s			
Mark	Dyble	O&C	22.03
3000	Women		
Leah	Brogan,	P&C	09:56.5
	Pancoas		10:02.3
Erin	Roberts,		X10:08.05
	Flanner,	O&C	X10:09.67
Lucy			
Ali	Crocker	0&C	X10:28.26
5000	Men		
Paolo	Natali,	0&C	14:54.2
Joel	Frost-Tift	,P&C	14:55.6
lan	Kimpton,	O&C	14:56.6
Bradley	Bogdan,	P&C	15:09.6
4x400	Women		
'A'	Cornell		03:45.5
'B'	Cornell		03:49.6
'A'			03:51.4
	Penn Outerd C	م بيد او با ما م	
'A'		ambridge	04:22.0
4x400	Men		
'A'	Oxford-C	ambridge	03:17.7
'A'	Penn		03:18.1
'C'	Penn		XDNF
'B'	Penn		X3:19.26
High	Jump	Women	
Kristen	Judge,	P&C	1.70m
Frances	Smithson		1.70m
Anna	Moriarty,		1.50m
High	Jump	Men	0.40
Garrett	Huyler,	P&C	2.10m
Alexande	rSkouby,	O&C	2.01m
Enbani	Moore,	P&C	XFAIL
Chris	Arlinghau		XFAIL
Pole	Vault	Women	
Natalie	Gengel,	P&C	3.65m
	aLozovats		
renzavet	acozovals	aya,rat	50.00m

Clara	Blattler,	O&C	3.65m
Pole	Vault	Men	
Anthony	Abitante,	P&C	5.16m
Thomas	Wagner,	0&C	3.40m
			3.4011
Long	Jump	Women	
Kathryn	Gevitz,	P&C	5.70m
Whitney	Tagliavin	i,P&C	5.66m
Melissa	Hewitt,	P&C	5.60m
Frances	Smithson		5.30m
		·	5.5011
Long	Jump	Men	
Duane	Teixeira,	P&C	7.29m
Vince	Formica,	P&C	6.83m
lan	Simson,	O&C	6.39m
Angus	Mercer.	0&C	4.24m
	Carr,	P&C	X6.10m
Efayomi			X0. IUIII
Triple	Jump	Women	
Camille	Richard,	P&C	11.86m
Kathryn	Gevitz,	P&C	11.72m
Clara	Blattler,	0&C	10.40m
Frances	Smithson		FOUL
			FUUL
Triple	Jump	Men	
John	Carelli,	P&C	15.33m
Aaron	Gadson,	P&C	14.93m
lan	Simson,	0&C	13.28m
Discus	Women	000	10.2011
		D10	40.00
Maria	Matos,	P&C	46.92m
Amy	Donovan	,P&C	39.52m
Rebecca	Kueny,	O&C	36.34m
Laura	Duke,	0&C	29.06m
Miya	Lee,	P&C	X33.89m
		ΓαC	X33.09III
Discus	Men		
Scott	Jaffee,	P&C	53.08m
John	Moreland	.0&C	46.12m
Bob	Belden,	P&C	44.79m
Christian			FOUL
	,	Udu	TOOL
Hammer			
Laura	Duke,	0&C	41.69m
Kristen	Rhinehar	dt,P&C	39.89m
Erin	Rossi,	P&C	FOUL
Hammer			
			EO EGm
Damian	Silverstrir		50.56m
Andrew	Lee,	0&C	47.21m
Erik	Roneker,	P&C	FOUL
Javelin	Women		
Erin	Folger,	P&C	40.71m
	U 7	0&C	39.94m
Rebecca			
Clare	Palmer,	0&C	37.37m
Heather	Kennedy,	P&C	34.92m
Javelin	Men		
Russ	Koch,	P&C	53.80m
Felix		0&C	42.30m
Mike		0&C	42.06m
Shot	Women		
Maria	Matos,	P&C	12.83m
Iman	Johnson,		11.91m
	Duke.		11.23m
Laura		0&C	11.2311
Shot	Men		
Erik	Roneker,	P&C	16.11m
Bob	Belden,		16.06m
Felix	Schaff,		11.72m
	Pruesse,		11.59m
Andrew	Lee,	0&C	x11.09m

Roach, Carolyn Plateau, and Julia Lange. Nevertheless, the team had spoken the previous evening about the opportunities that injuries and absences afforded to our more inexperienced members, and many of these individuals stepped up superbly. Mark Dyble underscored his astonishing development to record his first Blues time in the 200m. Richard Hildick-Smith and Jon Cook ran quick early season times in the 800m, whilst Andrew Lee recorded a second consecutive PB in the Hammer. Matt Grant ran an excellent PB in the Steeplechase, while Kieran Millar ran strongly in the 400m. However, the only individual men's winners were Ben Richardson, who recorded his second win of the tour in the High Hurdles, and Paolo Natali, who produced a classy win in searing heat in the 5000m, having only joined the team from his warm weather training base in Portugal twentyfour hours previously.

On the women's side, the clear highlight was a 1-2 for Oxford pair Michelle Sikes and Lucy Flanner in the 1500m, whilst Laura Duke recorded a second consecutive victory in the Hammer. Fran Smithson set a PB in the High Jump, and Cambridge stalwart Clare Palmer threw her first ever Blues standard in the Javelin. However, the stand-out performance of the day unquestionably came from the men's 4x400m relay team. Despite solid legs from Millar, Eckersley, and Mercer, Louis Persent received the baton in last place behind three Penn & Cornell teams. Nevertheless, after 200m he had caught the backmarker, and had one man to beat as he rounded into the home straight. With 20m to go, Louis flew past the last Penn runner to take victory in a leg that was timed at well under 47 seconds - a fitting note on which to end a great tour. Though the matches finished 16-3 in favour of the Penn and Cornell men and 17-2 in

favour of their women, we were up against a team much stronger than Harvard & Yale, and despite the final result many individual performances were much more impressive than the previous week.

The banquet that evening was held in a function room at our hotel, and was followed by yet another house party just off campus on our final night in the US. Though many were keen to enjoy the hospitality, other athletes were exhausted from the efforts of the past two weeks, and chose to spend a quiet evening in the hotel ahead of the morning's coach journey to New York, and onward flight back to the UK.

Speaking as tour captain, I must thank the management team, which was ably led by Mark Steed. Paul Willcox and Geoff Hill contributed a tremendous amount to the organisation of the tour, and offered invaluable guidance on selection and accommodation arrangements. John Moreland and Mark Thomas were committed in their coaching of the throwers and sprinters respectively. My fellow Captain, Frances Smithson, provided exceptional leadership for the women's team, and was ably supported by CUAC Women's Captain Lucy Spray. The coaches and athletes of Harvard, Yale, Penn, and Cornell were very generous with their hospitality, and the financial support of the American Achilles Foundation played a key role in our success. The athletes conducted themselves superbly, delivering many outstanding performances, and the team was truly a pleasure to captain. I am sure the tour represented a once-in-alifetime experience for us all, and that we have benefited richly as a result.

Jon Cook CUAC President 2008/2009, US Tour Joint Captain 2009

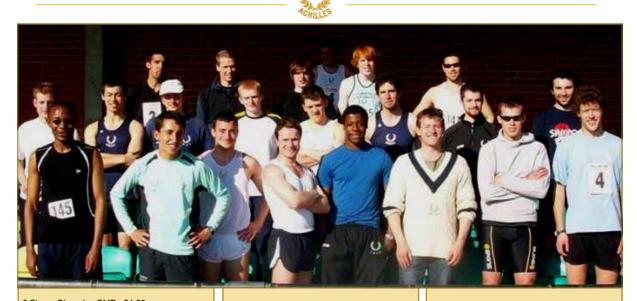
ACHILLES WINS 2009 KINNAIRD TROPHY

With the Oxford & Cambridge team away in the USA it was left to the Achilles second team to claim back the Kinnaird Trophy.

100A (nwr) 1 Daniel Haque B&B 10.97 2 Justin Green K&P 11.3 3 Dwayne Dowding HWI 11.38 4 Shane Christie TVH 11.43 5 **Mark Ponsford** ACH 11.60 6 Shawn Mollix SMR 11.64 7 Ashley Bryant WSE 11.67 100B (-0.9) 1 Nigel Thomas TVH 11.23 2 Jordan Smith-Bent(U20) K&P 11.3 3 Tom Evans WSE 11.49 4 Ronnie Polkington B&B 11.52

5 Richard Agyopong(U17) HWI 11.67 6 George Kenyon ACH 11.74 7 James Thomas E&E 12.25 8 Joe Cumberbatch SMR 12.3 100 NS1 (+2.8) 1 Jeffrey Ocrah HHH 11.08 2 Deji Alli HWI 11.48 3 Tucker Bryant(U17) K&P 11.73 4 James Batstone ACH 11.86 5 Ali Kokaz(U17) K&P 12.13 6 Kimarley Peart(U20) SLH 12.27 7 Shadrack Muleli ACH 12.75 100 NS2 (-1.0) 1 Lawrence Mensah HHH 11.29 2 Bill Porter (U20) SLH 11.7 3 Rotdeb John (V35) HWI 11.77 4 Reece Morgan (U20) HWI 11.93 5 Delroy Mitchell TVH 12 6 Owen Churton ACH 12.72 7 Nick Logan(U17) K&P 13.41

100 NS3(-1.6) 1 Andre Nembhard K&P 11.41 2 Daniel Ekpe ACH 11.84 3 Grant Stirling ACH 12.06 4 Patrick Logan(V45) K&P 12.26 5 Christopher Jennings(U20) K&P 12.34 200A (+3.2) manual 1 Daniel Haque B&B 21.5 2 Dwayne Dowding HWI 22.3 3 Chris Hall K&P 22.5 4 Mark Ponsford ACH 22.6 5 Stewart Challis WSE 22.7 6 Shawn Mollix SMR 22.9 7 James Thomas E&E 24.4 200B(+1.5) 1 Jordan Smith-Bent(U20) K&P 22.54 2 Jermaine Alexander(U20) B&B 22.97 3 Richard Agyepong HWI 23.01 4 George Kenyon ACH 23.21 5 Adam Medcraft WSE 23.36



6 Simon Chapple SMR 24.05 200 NS1 (+2.0) 1 Draco Mkpa(V35) K&P 23.61 2 Chris Jennings(U20) K&P 24.48 3 Owen Churton ACH 25.14 4 Glenn Gray HAR 25.2 5 Shadrack Muleli ACH 25.65 200 NS2 (+0.6) manual 1 Jeffrey Ocrah HHH 22.4 2 Nigel Thomas TVH 22.5 3 Andre Nembhard K&P 22.8 4 Ronnie Polkington B&B 22.9 5 Ed Moyse ACH 23.9 6 Grant Stirling ACH 24.1 200 NS3(+2.9) 1 Lawrence Mensah HHH 22.29 2 Shane Christie TVH 22.68 3 Bill Porter(U20) SLH 23.21 4 Reece Morgan(U20) HWI 23.90 5 James Batstone ACH 24.02 6 Henry Husband(U20) HWI 25.06 400A 1 Steve Johnson WSE 47.74 2 James Christie TVH 48.45 3 Lemar Charles B&B 51.01 4 Ayrton Richards E&E 51.01 5 Flynn Castles ACH 52.49 6 Maris Kuklis K&P 52.67 7 Adam Vandenburg HWI 53.58 400B 1 Delroy Mitchell TVH 51.19 2 Justin Green K&P 52 3 Neil Francis B&B 52.86 4 Andy Dobson ACH 53.01 5 Paul Cave E&E 53.59 6 Olly Oduwusi HWI 54.29 400 NS1 1 Richard Smeaton(U20) K&P 52.15 2 **Frank Williams** ACH 54.1 3 Ben McDaniel(U20) SLH 54.35 4 Pete Moloney TVH 54.55 5 Jonathan Pettet B&B 55.05 6 Olivier Serviable(U20) SLH 58.05 7 Mark Butler(V45) E&E 59.3m 8 Dida Alsaffar(U20) K&P 64.4m 400 NS2 1 Lawrence Mensah HHH 50.37 2 Kurtis Franklin TVH 51.93 3 Jason-Louis Bernard K&P 52.23 4 Lee Mahon TVH 52.39 5 Charles Romito ACH 60.29 6 Mike May(V45) K&P 67.76 800A

1 Ed Williams(V35) TVH 1.57.15 2 Ian May WSE 1.57.68 3 James Moroney K&P 1.58.40 4 Alex Jackson E&E 1.59.05 5 Adam Vandenburg HWI 1.59.80 6 Bomene Barikor B&B 2.00.50 7 Martin Bell ACH 2.02.14 8 Marc Snaith SMR 2.11.20 800B & NS 1 Louis Dale ns TVH 1.57.11 2 Louis William TVH 1.59.86 3 Tom Hart(U20) SLH 2.00.81 4 Craig Price K&P 2.02.20 5 Stephan Richards E&E 2.03.01 6 Richard Daniel B&B 2.04.37 7 Matt Mooney WSE 2.07.05 8 Bilen Ahmet ACH 2.39.99 1500A&B & NS 1 Sam Dobin ACH 4.12.02 2 Jamie Darling ACH 4.19.66 3 Alex Hawkins E&E 4.23.47 4 Jack Philip WSE 4.24.41 5 George Corcoran(U17) K&P 4.30.08 6 Martin Bell ns ACH 4.32.83 7 Richard Daniel B&B 4.38.77 8 Connor Vine WSE 4.39.16 9 Ken Daniel(V55) B&B 4.46.87 10 Will Storey SMR 5.01.03 3000A&B & NS 1 Soeren Martin ACH 8.37.94 2 Steve Kimber WSE 8.50.75 3 Joe Mercer ns ACH 8.52.88 4 Alan Chetwynd ACH 9.01.10 5 Will Clark E&E 9.01.44 6 Robyn Brown ns ACH 9.15.38 7 Kieran White HWI 9.22.37 8 Rory McMahon ns HWI 9.47.88 9 Deon Coetzee HWI 9.48.51 10 Steve Holmes B&B 10.01.45 11 Marc Snaith SMR 10.08.57 12 Tim Soutar(V50) B&B 10.09.28 13 Tony Macdowall K&P 10.29.85 14 Bill Arbury E&E 10.35.42 110H A&B (+0.5) manual 1 Jamie East WSE 15.2 2 Ashley Bryant WSE 15.6 3 Josh Mouland ACH 16.7 4 Grant Stirling ACH 16.8 5 Richard Holt(V35) B&B 17.4 6 Ed Moyse ns ACH 17.5 6 Steven Cotton SMR 18.3 400H A&B & ns 1 Ben Hopkins(U17) B&B 57.76

2 Richard Holt(V35) B&B 58.91 3 Rhodri Scanlon HWI 60.88 4 Joshua Clarke ns B&B 61.9 5 Josh Mouland ACH 62.12 6 Mays Quazar(U20) KAC 65.52 7 Charlie Romito ACH 69.00 2000 S/C A&B & ns 1 Nathan Ditton WSE 6.36.7 2 Rory McMahon HWI 6.55.8 3 Cameron Smart WSE 6.56.3 4 Andy Robinson (V40) ACH 7.02.2 5 Andy Arbour (V35) K&P 7.06.0 6 Tony Macdowall K&P 7.34.6 7 Nathan Stone(U20) ns HHH 8.21.6 8 Bilen Ahmet ÁCH 8.25.1 4 x 100 Relay 1 WSE 43.75 2 K&P 43.83 3 TVH 44.07 4 B&B 44.17 5 HWI 44.81 6 HWI ns 46.97 7 SMR 49.63 8 Achilles 51.73 4 x 400 Relay 1 WSE 3.27.79 2 E&E 3.33.76 3 Achilles 3.37.09 4 B&B 3.43.49 5 K&P 3.52.36 High Jump A 1 Jamie East WSE 1.9 2 Maris Kuklis K&P 1.8 3 Chris James (V35) SMR 1.75 4 Bilen Ahmet ACH 1.65 High Jump B 1 Humphrey Waddington K&P ? 2 Grant Stirling ACH 1.65 Pole Vault A 1= Steve Walker WSE 3.80 1= Mark Longhurst B&B 3.80 3 Josh Mouland ACH 3.60 4 Dominic Getting HWI 2.60 Pole Vault B 1 Bilen Ahmet ACH 3.40 2 Charlie Smith WSE 3.00 3 Alan Hardy B&B 2.80 4 Humphrey Waddington K&P 1.20 PV ns Matt Weaver ACH 3.60 James Douglas ACH 3.00 Grant Stirling ACH 2.80 Long Jump A 1 Humphrey Waddington K&P 6.97



2 Ashley Bryant WSE 6.87 3 Royden John (V35) HWI 6.62 4 **Grant Stirling** ACH 6.38 5 Chris James(V35) SMR 5.77 Long Jump B 1 James Heptonstall K&P 6.33 2 Michael Adjei-Tabirade HWI 5.87 3 **Dan Johnson** ACH 5.23 LJ ns Chris Hall K&P 6.22 Darren Brown SLH 6.13 Kimarley Peart SLH 5.77

SWARD TROPHY (Field events) 1 Kingston AC & Polytechnic H 192 2 Achilles Club 170 3 St Mary's Richmond AC 112 4 Windsor,Slough,Eton & Hounslow AC 109 5 Hercules Wimbledon AC 78 6 Blackheath & Bromley H&AC 39 7 Epsom & Ewell H 32 8 Thames Valley H 12

Alexander Bonnick SLH 5.67 Josh Mouland ACH 5.54 Olivier Serviable SLH 5.1 Ali Kokaz K&P 5.03 Triple Jump A 1 Sam Bobb B&B 13.45 2 Jonathan Sawyers WSE 13.11 3 Kerry Mathurin TVH 12.96 4 Grant Stirling ACH 12.86 5 Jimmy Saruchera HWI 12.44

6 Patrivk Hillyer(U20) K&P 12.31 Triple Jump B 1 James Heptonstall K&P 12.16 2 Dan Johnson ACH 11.41 TJ ns Darren Brown SLH 12.61 Shot A 1 Kyle Stevens K&P 14.11 2 Emanuel Abinlayi ACH 11.78 3 Paul Derrien SMR 11.38 4 David Shiel WSE 10.93 5 Ian Frankish E&E 10.73 6 John Brown HWI 8.58 Shot B 1 Gareth Cook(V40) K&P 11.94 2 Adam Richardson SMR 10.81 3 Josh Mouland ACH 10.22 4 Graham Cole WSE 9.93 5 Kevin Burnett(V60) HWI 5.31 SP ns Paul Edwards WAL 14.81 Neil Jennings SMR 9.88 Bilen Ahmet ACH 8.19 Discus A 1 Andy Wheble ACH 37.24 2 Paul Derrien SMR 36.03 3 Gareth Cook(V40) K&P 35.26 4 Ian Frankish E&E 30.36 Discus B 1 Emmanuel Akinluyi ACH 35.51 2 Kyle Stevens K&P 33.04 DT ns Paul Edwards WAL 37.58 Josh Mouland ACH 29.51 Grant Stirling ACH 28.63 Neil Jennings SMR 25.48 Bilen Ahmet ACH 23.49 Hammer A

1 Gareth Cook(V40) K&P 48.85 2 Paul Derrien SMR 45.05 3 Andy Wheble ACH 41.24 4 John Brown HWI 27.62 Hammer B 1 Kyle Stevens K&P 46.6 2 Neil Jennings SMR 34.26 3 Dominic Getting HWI 20.3 4 Bilen Ahmet ACH 19.48 Javelin A 1 Felix Hatton K&P 70.52 2 Neil Jennings SMR 42.08 3 Grant Stirling ACH 35.64 4 Jamie East WSE 34.94 5 Ian Frankish E&E 33.67 Javelin B 1 Mike Clarke K&P 43.91 2 Adam Richardson SMR 34.62 3 Bilen Ahmet ACH 30.04 JT ns Les Hatton(V60) K&P 38.25 James Douglas ACH 37.50 Josh Mouland ACH 33.06

KINNAIRD TROPHY (Track events)

1 Achilles Club1882 Windsor, Slough, Eton & Hounslow AC1833 Blackheath & Bromley H&AC1724 Kingston AC & Polytechnic H1475 Hercules Wimbledon AC1106 Epsom & Ewell H897 Thames Valley H888 St Mary's Richmond AC48

135TH VARSITY SPORTS

16 May 2009, Wilberforce Road, Cambridge

Honours in the Blues matches ended even, with Oxford's women narrowly avenging the convincing victory of Cambridge's men. Among a number of exceptional performances, Mark Dyble's sprint double, Ben Richardson's hurdle double, Louis Persent's effortless 400m, Humphrey Waddington's horizontal jumps double stood out among the men; and Lucy Spray's sprint and 400m hurdle triple, Michelle Sikes 1500/5000 double, Ali Crocker's steeplechase match record, Clara Blättler's pole vault match record, Rebecca Kueny's javelin/discus double (including a match record in the javelin) and Hannah Hogben's hammer throwing all impressed.

The Drake-Digby Trophy for the best performance in the Mens' Match: The Susan Dennler Trophy for the best performance in the Womens' Match: The Le Touquet Trophy, for the most improved athlete during 2008-9: The Paul Gomme Trophy, for the best throwing performance of the season: The Achilles Trophy, for outstanding contribution to Oxbridge athletics: The Steven Stuart Trophy, for the most notable second-team performance:

Gus Mercer and Louis Persent

Humphrey Waddington (Cam) Alison Crocker (Ox) Mark Dyble (Cam) Rebecca Kueny (Ox) Frances Smithson (Ox) Mickael Decressac (Cam)

Presentations were made by former CUAC President Trevor Llewelyn, now a respected and successful high jump coach, who spoke eloquently at the convivial Achilles Dinner at Caius.

Mens' Blues Match

100m (wind +3.1 m/s) M. Dyble (C) 10.83, B. Richardson (C) 10.92, J. Gilbert (O) 11.20, M. Pons-ford (O) 11.63



200m (wind +3.8 m/s) M. Dyble (C) 22.54, B. Ellis (C) 22.83, P. Wills (O) 23.03, W. Hooton (O) 24.02 400m L. Persent (C) 48.5, W. Hooten (O) 51.7, D. Nefs (C) 52.2, A. Mercer (O) 53.2 800m J. Cook (C) 1:56.24, W. Fedus (C) 1:59.06, M. Bell (O) 2:05.91 [R. Hildick-Smith (O) did not finish]

1500m P. Natali (C) 4:01.27, S. Dobin (C) 4:02.29, A. Heyes (O) 4:05.72, C. McGurk (O) 4:12.49 5000m I. Kimpton (O) 15:08.02, J. Kelly (C) 15:10.87, D. Bruce (O) 15:15.59, T. Pattison (C) 15:44.26

110m hurdles (wind +2.2 m/s) B. Richardson (C) 15.2, J. Gilbert (O) 15.9, J. Mouland (C) 16.2 [O. Stogdale (O) did not finish]

200m hurdles (wind +0.7 m/s) B. Richardson (C) 26.40, S. Hiltner (O) 26.74, D. Eckersley (O) 26.78, J. Mouland (C) 28.86

400m hurdles D. Eckersley (O) 57.19, S. Hiltner (O) and E. Moyse (C) equal 58.68, E. Katter (C) 59.31

3000m steeplechase D. Bruce (O) 9:31.68, M. Grant (C) 9:40.03, A. McGowan (C) 9:51.03, T. Samuel (O) 9:51.03

High Jump A. Skouby (O) 2.00, A. Abioye (O) 1.80, A. Fuller (C) 1.75, E. Moyse (C) 1.40

Pole Vault J. Mouland (C) 3.60, T. Wagner (C) 3.30, J. Douglas (O) 3.30, L. Williams (O) 3.20

Long Jump H. Waddington (C) 6.98w (6.87 legal), I. Simson (C) 6.65, A. Bullimore (O) 6.58, J. Lowe (O) 6.39



Triple Jump H. Waddington (C) 15.03, J. Osun-Sanmi (O) 13.75w (13.62 legal), A. Bullimore (O) 13.24, I. Simson (C) 12.90

Shot E. Akinluyi (C) 12.74, J. Burnett (O) 12.37, W. Johnson (O) 12.07, F. Schaaf (C) 11.87

Discus B. Cossey (C) 42.44, A. Wheble (C) 41.56, C. Preusse (O) 37.45, W. Johnson (O) 34.77

Hammer A. Lee (C) 47.05, A. Wheble (C) 41.91, C. Preusse (O) 24.83, J. Matthews (O) 19.92

Javelin F. Schaaf (C) 48.82, J. Richards (C) 46.78, J. Douglas (O) 44.35, R. Mihrshahi (O) 43.81

4 x 100m relay Cambridge (Ahmadnia, Richardson, Dyble, Ekpe) 43.9, Oxford (-, -, -, -) 44.8 4 x 400m relay Cambridge (Fedus 52.3, Owen 51.9,

4 x 400m relay Cambridge (Fedus 52.3, Owen 51.9, Persent 48.5, Nefs 52.6) 3:25.23, Oxford (-, -, -, -) 3:37.43

Result: Cambridge 129.5, Oxford 80.5



Womens' Blues Match

100m (wind +2.1 m/s) L. Spray (C) 12.56, K. Laidlow (C)

12.63, D. Smith (O) 12.63, E. Binner (O) 13.18

200m (wind +1.0 m/s) L. Spray (C) 26.53, K. Laidlow (C) 26.81, D. Smith (O) 26.87, J. Rieck (O) 28.97

400m K. Laidlow (C) 59.62, C. Plateau (O) 60.38, E. Binner (O) 61.06, R. Welbourn (C) 64.24

800m C. Plateau (O) 2:17.50, F. Ray (O) 2:19.87, R. Pringle (C) 2:23.24, P. Keen (C) 2:28.03

1500m M. Sikes (O) 4:55.43, C. Roach (C) 4:58.61, C. Noble (C) 5:00.88, F. Ray (O) 5:00.92

5000m M. Sikes (O) 18:56.50, C. Ansell (O) 19:01.46, L. Barklie (C) 19:08.97, E. Figures (C) 19:51.92

100m hurdles (wind +3.8 m/s) E. Rowley (C) 15.25, C. Blattler (O) 16.19, L. Duke (C) 16.95, H. Hanstock (O) 16.97

400m hurdles L. Spray (C) 66.92, E. Rowley (C) 67.40, C. Witcombe (O) 68.82, J. Rieck (O) 70.26

2000m steeplechase A. Crocker (O) 7:01.04 match record, C. Ansell (O) 7:21.38, P. Keen (C) 7:28.73, H. Darcy (C) 8:50.31

High Jump E. Perkins (C) 1.69, F. Smithson (O) 1.66, G. Hood (O) 1.55, M. Tyler (C) 1.50

Pole Vault C. Blattler (O) 3.45 match record, F. Cavalli (C) 3.00, S. Williams (C) 2.70, H. Hanstock (O) 1.10

Long Jump F. Smithson (O) 5.45w (5.43 legal), H. Han-

stock (O) 5.35w (5.27 legal), E. Perkins (C) 5.32w (5.13 legal), L. Duke (C) 4.94 Triple Jump H. Hanstock (O) 11.16, E. Perkins (C) 11.01, C. Blattler (O) 10.47w (10.27 legal), M. Tyler (C) 9.25

Shot L. Duke (C) 10.95, C. Palmer (C) 10.50, R. Kueny (O) 10.43, H. Hogben (O) 9.36 Discus R. Kueny (O) 37.93, H. Hogben (O) 31.11, C.

Palmer (C) 29.84, L. Duke (C) 27.93

Hammer H. Hogben (O) 42.45, L. Duke (C) 39.39, J. Melluish (C) 33.97, L. Steele (O) 32.65

Javelin R. Kueny(O) 42.38 **match record**, C. Palmer (C) 35.74, F. Smithson (O) 34.95, S. Vigrass (C) 32.02 4 x 100m relay Cambridge (Rowley, Laidlow, Welbourn, Spray) 50.96, Oxford (Smith, Binner, Blattler, Christopher) 52.17

4 x 400m relay Cambridge (Rowley 62.2, Welbourn 64.6, Laidlow 61.6, Spray 60.9) 4:09.34, Oxford (Binner, Witcombe, Sikes, Plateau) 4:13.13 - **Result: Oxford 102, Cambridge 99**

Mens' Second Team Match (Oxford Centipedes v Cambridge Alverstone)

100m (wind +2.4 m/s) D. Ekpe (C) 11.12, G. Kenyon (C) 11.31, J. Batsone (O) 11.78, D. Harries (O) 12.07 200m (wind +0.3 m/s) D. Ekpe (C) 23.73, G. Kenyon (C) 24.21, J. Batstone (O) 24.50, A. Dobson (O) 25.39 400m A. Owen (C) 52.76, A. Dobson (O) 53.86, A. Lomas (C) 54.9, M. Polyakov (O) 56.53 800m D. Murray (C) 2:03.77, J. Mercer (O) 2:05.16, C. Coulsting (C) 2:05.62, J. Darling (O) 2:07.02 1500m J. Mercer (O) 4:16.92, T. Heslop (C) 4:17.43, R. Brown (C) 4:19.84, D. Anupam (O) 4:21.09 5000m S. Ledger (O) 15:46.39, A. Chetwynd (O) 15:48.43, W. Mackay (C) 16:05.53, R. Brown (C) 16:26.68 110m hurdles (wind +3.4 m/s) M. Collins (C) 16.44, J.

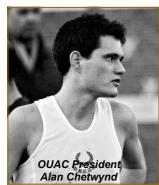
Wheeler (C) 16.47, D. Whylly (O) 17.75, D. Harries (O) 19.99



Chris Pratt's retirement as CUAC Senior Treasurer was marked by a presentation by Humphrey Waddington and Jon Cook on behalf of the club







200m hurdles (wind +1.9 m/s) A. Owen (C) 28.45, J. Wheeler (C) 28.50, A. Dobson (O) 29.89, D. Harries (O) 30.01

400m hurdles A. Owen (C) 58.71, S. Hoyemsvoll (O) 58.98, A. Lomas (C) 60.39, M. Polyakov (O) 57.38

3000m steeplechase W. Mackay (C) 10:09.72, B. Reynolds (O) 10:25.28, D. Titherage (O) 10:33.45, J. Brunning (C) 10:38.0

High Jump S. Hyatt-Twynham (C) 1.75, J. Buckler (O) 1.70, D. Whylly (O) 1.65, W Scarrold (C) 1.60

Pole Vault A. Bates (C) 3.40, J. Smithdale (O) 3.00, S. Hyatt-Twynham (C) 3.00, R. Shearer (O) 2.00

Long Jump G. Kenyon (C) 6.44, J. Buckler (O) 6.18, R. Malekout (C) 6.16, D. Johnson (O) 5.81

Triple Jump M. Collins (C) 12.29w, A. Browning (C) 11.82, S. Hoyensvoll (O) 11.68, D. Johnson (O) 11.47

Shot M. Collins (C) 11.54, T. Roberts (C) 10.65, S. Hitchings (O) 9.73, O. Akbim (O) 8.75,

Discus R. Shearer (O) 35.84, M. Collins (C) 35.17, R. Harper (C) 29.14, O. Akbim (O) 28.40

Hammer P. McGarry (C) 29.91, G. Dickens (C) 29.88, R. Shearer (O) 23.59, A. Son Khoo (O) 14.92

Javelin M. Decressac (C) 58.73 **match record**, M. Collins (C) 45.62, A. Son Khoo (O) 36.86, O. Islam (O) 35.97 4 x 100m relay Cambridge Alverstone (Moyse, Kenyon, Churton, Greenwood) 47.3 [Oxford Centipedes did not finish]

4 x 400m relay Cambridge Alverstone (Katter 54.4, Moyse 53.3, Dobin 52.6, Cook 51.5) 3:31.79, Oxford Centipedes (Bell, Polyakov, Stogdale, Dobson) 3:39.19

- Result: Cambridge Alverstone 134, Oxford Centipedes 76

Womens' Second Team Match (Oxford Millipedes v Cambridge Alligators)

100m (wind +1.3 m/s) N. Christopher (O) 13.15, G. Hurt (C) 13.64, L. McGarty (C) 14.16, L. Forde (O) 14.27

200m (wind +0.7 m/s) G. Hurt (C) 28.79, N. Christopher (O) 29.04, J. Lister (C) 29.51, L. Forde (O) 30.66

400m G. Hurt (C) 62.89, J. Lister (C) 64.98, C. Seymour (O) 66.02, K. Botwright (O) 67.75

800m E. Crowley(O) 2:26.24, C. Kane (O) 2:27.81, T. Astor (C) 2:28.20, R. Taylor (C) 2:34.51

1500m C. Baudouin (O) 5:19.05, C. Birch (O) 5:19.41, N. Taschimowitz (C) 5:50.40, O. Polunina (C) 5:53.36

5000m E. Crowley (O) 19:05.04, C. Bates (O) 19:17.89, S. Grant (C) 21:44.40 [E. Nordhausen (C) did not finish]

100m hurdles (wind +2.2 m/s) E. Craven (C) 16.75, N. Christopher (O) 17.10, R. Gingell (O) 19.42, E. Bodman (C) 19.66

400m hurdles E. Craven (C) 72.86, N. Arrowsmith (C) 74.18, R. Gingell (O) 75.66, S. Poulsen (O) 80.56

2000m steeplechase C. Kane (O) 7:39.16, T. Astor (C) 7:59.13, E. Bodman (C) 9:01.47 M. Gorman (O) 9:07.02

High Jump J. Mackenzie (C) 1.40, R. Riiser (C) 1.40, S. Poulsen (O) 1.35, R. Gingell (O) 1.25

Pole Vault N. Molkenthin (C) 2.20, S. Tobin (C) 2.10, L. Groom (O) 1.60, S. Poulsen (O) 1.50

Long Jump L. McGarty (C) 4.93w (4.62 legal), G. Hurt (C) 4.40, L. Groom (O) 4.26, S. Poulson (O) 4.12w

Triple Jump L. McGarty (C) 10.71w (10.55 legal), G. Hurt (C) 10.20, L. Groom (O) 10.03w (9.86 legal), S. Poulson (O) 8.65

Shot J. Harris (C) 9.54, C. Brown (O) 8.34, C. Partridge (C) 7.03, C. Harzan (O) 6.38

Discus C. Brown (O) 26.32, C. Partridge (C) 21.64, J. Harris (C) 18.48, C. Harzan (O) 18.48

Hammer C. Partridge (C) 28.41, C. Harzan (O) 26.33, R. Perio (C) 23.79, L. Groom (O) 23.28

Javelin C. Brown (O) 30.76, G. Rose (C) 25.18, G. Coles (C) 24.45, L. Kwok (O) 23.47

4 x 100m relay Cambridge Alligators (Duke, Lister, Craven, Hurt) 53.67, Oxford Millipedes 55.81

4 x 400m relay Alligators (Hurt 64.6, Pringle 63.4, Roach 66.2, Lister 65.6) 4:19.81, Millipedes (-, -, -, -) 4:20.76

Result: Cambridge Alligators 114, Oxford Millipedes 87





Dai Roberts and Ann Malcolm sample the Allan Malcolm Memorial



ACHILLES V LOUGHBOROUGH V COMBINED SERVICES

Mens 400m Hurdles Match Callum Forde Charnwood AC 55.5 Gareth Morris Loughborough 55.6 Robinson Darren Combined Sevices 56.6

Simon Wombwell Loughborough 56.8 Josh Mouland Achilles 58.8 Chris Shaw Combined Services 59.2 Rob Barker-Davis Combined Services 60.0

Mens 800m Match

Gary Bradbury LSAC 1:51.0 Frank Baddick Loughborough 1:51.4 Rob Whittle Loughborough 2:02.5 Paul Hutton LSAC 1:53.2 Mike Wilsmore Comb Services 1:54.1 Tom Gayle LSAC 1:56.1 Chris McGurk Achilles 01:57.4 Mens 100m Match -0.5m/s Stu Benson Comb Services 10.8 Ben Richardson Achilles 11.0 Mark Dyble Achilles 11.1 Pat Swan LSAC 11.1 Ramon Smith Comb Services 11.2 Luke Stott Loughborough 11.3 Conor McLaughton Loughborough 11.4 Mens 100m Guest Race A -1.4m/s Isaiah Adekanmbi Achilles 11.3 Nav Childs Combined S 11.4 George Kenyon Achilles 11.4 Adam Mohammed LSAC 11.5 Olaseni Ogunmilade LSAC 11.7 Titus Eusatio Comb Sevices 11.7 Fraser Young LSAC 11.9 ? Achilles 12.6 Mens 100m Guest Race B -1.6m/s ShadrakMuleli Achilles 12.9 Mens 110m Hurdles Match -0.2m/s Tony Higbee Comb Services 14.4 Ben Richardson Achilles 14.5 Oli Stogdale Achilles 16.0 Anthony Williams Loughborough 16.6

Mark Ploughman Comb Services 17.1 Josh Mouland Achilles 17.2

Chris Shaw Comb Services 18.0 Mens 200m Match -0.3m/s Stu Benson Comb Services 21.8 Luke Stott Loughborough 22.2 Nick Little Loughborough 22.4 Ramon Smith Comb Services 22.5 Isaiah Adekanmbi Achilles 22.7 Oli Stogdale Achilles 24.2 Mens 200m Guest Race A -0.4m/s Shadrak Muleli Achilles 25.3 **3000m Combined Match** Callum Mitchell Combined Sevices 08:44.0 Adam Elliott Loughborough 08:44.5 Ed Womersley Loughborough 08:44.9 ThomasSamuel Achilles 08:48.6 Matt Blunden Comb Services 08:49.9 Alan Chetwynd Achilles 08:50.8 James Douglas Charnwood AC 08:51.0 Long Jump Bradley Pickup Lboro Students 6.89m Nav Childs Comb Services 6.89m Key Hibbins Combined Sevices 6.46m Ian Simson Achilles 6.46m Carl McMullen Comb Services 6.41m Anthony Williams Lboro Students 6.34m George Kenyon Achilles 6.10m Max Hall LSAC 5.85m Triple Jump Nav Childs Comb Services 14.40m Pole Vault Max Hall Lboro Students 4.15m Adrian Hemery Lboro Students 4.00m David Feeney LSAC 3.60m Josh Mouland Achilles 2.60m Discus Mark Wiseman Comb Services 51.80m Josh Mouland Achilles 31.25m Javelin Adrian Hemery Lboro Students 52.55m Womens 400m Hurdles Match Lucy Spray Achilles 64.0 Hazel Le Cornu Loughborough 65.5 Christina Carr Loughborough 66.4

Laura Bass Achilles guest 66.8 Hannah Barter Comb Services 70.4 Natelie Flaherty Comb Services 76.4 Womens 400m Match Sarah Adams Loughborough 54.5 Charlotte Best Loughborough 55.9 Kate Laidlow Achilles 58.5 Rosie Curling Comb Services 58.8 Naomi Hutchins LSAC 62.1 Nekesha Thompson Comb Services 62.7 Claire Annesly Comb Services 63.5 Womens 100m Hurdles 0.0m/s Andrea Vinet Loughborough 14.6 Laura McGawn Comb Services 15.2 Emma Rowley Achilles 15.3

Katie Hewitt LSAC 16.6 Katie James Loughborough 16.6 Helen Hanstock Achilles 16.6 Michelle Kiff LSAC 18.3 Womens 200m Match -0.2m/s Sam Hodges Comb Services 25.8 Laura Hitchman Loughborough 25.9 Kate Laidlow Achilles 26.7 Heather Douglas Charnwood 27.7 Nekesha Thompson Comb Services 28.2

Abiju Hasarat Comb Services 29.7 Womens 1500m Match Laura Kenney Loughborough 04:18.1 Ava Hutchinson LSAC 04:23.2 Sarah Maude Loughborough 04:31.3 Charlotte Wickham LSAC 04:36.4 Kelly Haniver Comb Services 04:37.4 Flo Ray Achilles 04:38.9 Alex Snook LSAC 04:42.9 Womens High Jump Sophie Hine Lboro Students 1.75m Gina Hood Achilles 1.55m Rosie Curling Comb Services 1.55m Natelie Flaherty Comb Services 1.45m Chevaune Halewood Lboro Students 1.45m

FRESHERS VARSITY MATCH

8 November 2009 Wilberforce Rd, Cambridge

MEN

100m Chris Morter (O) 11.4, Edward Bentsi (C) 12.2, Ben Horsley (O) 12.3, Ismael Akram (C) 12.3 100m (guests) Namdi Makewan (C) 12.0, Emmanuel Bangbay (C) 12.3, Bryn Garrod (C) 12.5, Paul Smith (C) 13.0, XXX (O) 13.4 200m Chris Morter (O) 23.0, Ben Horsley (O) 24.2, Henry Husband (C) 24.6, Joel Taylor (C) 25.3 400m James Garnier (O) 51.6, Christian Roberts (C) 52.8, Joel Taylor (C) 53.9, David Reshef (O) 54.5 800m Richard Felton (O) 2:02.9, Tom Nutt (C) 2:04.2, Alex Young (C) 2:05.8, David Reshef (O) 2:06.7, Cameron Lai (C-guest) 2:13.0, Hugo D (O-guest) 2:20.2 1500m Tom Nutt (C) 4:17.3, Alex Young (C) 4:19.1, Will Mycroft (O) 4:21.1, Tom McNeil (C-guest) 4: 27.3, Sam Baylis (O) 4:48.6 3000m Daniel Sellman (C) 9:29.1, Sam Ashcroft (C) 9:36.6, Adam King (O) 9:43.6, Lawrence Percival (O) 10:14.4, Matthew Gold (O-guest) 10:30.5

110m hurdles (3'3") Ross Elliot (C) 17.6, Nate Sharpe (C) 20.4, Graeme Salter (O) 21.0, James Garnier (O) 21.9

400m hurdles Christian Roberts (C) 58.4, James Garnier (O) 60.2, Ross Elliot (C) 63.5, Shadrack Muleli (O) 74.9

High Jump Alex Jackson (C) and Ed Bentsi (C) both 1.60, Zak Feldman (O) and Graeme Salter (O) both 1.50

Pole Vault Nate Sharpe (C) 4.10, Oliver Birch (O) 3.00, Jamie Salter (C) 2.80, Graeme Salter (O) 2.40 Long Jump Alex Jackson (C) 6.28, Ismael Akram (C)

5.80, Liam Atkinson (O) 5.37, Oliver Birch (O) 4.80

Triple Jump Ismail Akram (C) 12.69, Alex Jackson (C) 12.09, Oliver Birch (O) 10.80, Liam Atkinson (O) 9.40 Shot Toby Haseler (C) 10.67, John Garrity (C) 9.80,

Patrick Thill (O) 8.10, Thomas Wood (O) 6.61 Discus Polyvias Christofi (C-guest) 30.46, Leo Scott (C-guest) 25.73, Tom Elton (C) 25.23, Patrick Thill (O) 24.37, Neil Houlsby (C) 23.17, Thomas Wood (O) 18.84



Katherine Conroy (C) 20.0 Hammer John Garrity (C) 27.54, Leo Scott (C) 24.87, Robert Amador (C-guest) 23.32, Patrick Thill (O) 400m hurdles Lizzie Thompson (C) 71.4, Eloise 18.77, Thomas Wood (O) 17.90 Waldon-Day (O) 71.9, Mairead Rocke (C) 97.9 Javelin Patrick Thill (O) 45.63, Andrew Lynch (C) High Jump Lizzie Thompson (C) 1.45, Aleksandra 41.65, Robert Amador (C) 36.66, Thomas Wood (O) Stankovich (C) 1.45, Roxanne Swerdlow (O) and 5.41 Eloise Waldon-Day (O) both 1.35 4 x 100m Cambridge (Akram, Taylor, Husband, Pole Vault Ashley Nord (O) 2.90, Amanda Smolinsky Bensi) 46.9, Oxford (Horley, Salter, Thill, Morter) 53.9 (C) 2.00, Natalie McDaid (O) 2.00, Katarina Kohler 4 x 400m Oxford (Reshef 56.3, Feldman, Felton, Gar-(C-guest) 1.80, Chloe Mackenzie (C) 1.20 Long Jump Kathryn Hesketh (C) 4.36, Ashley Nord nier) 3:35.1, Cambridge (Elliot 56.8, Nutt 55.8, Taylor 57.0, Roberts 52.7) 3:42.3 (O) 4.08, Jessica Jupp (C) 3.91, Roxanne Swerdlow Result Cambridge 114, Oxford 76 (O) 3.82, Lisa Wassmuss (O) 3.55 Triple Jump Helen Stewart (C) 9.23, Jessica Jupp (C) WOMEN 9.16 100m Nikki Moss (C) 13.8, Elle Gatehouse (O) 14.0, Shot Rosamund Healey (C) 10.31, Amanda Le (O) Katy Castle (C) 14.8, Lisa Wassmuss (O) 15.6, 7.60, Nathalie McDaid (O) 6.28, Jenny Ball (C) 6.16 Teresa Krieger (C-guest) 16.2 Discus Susan Hedge (O) 31.01, Rosamund Healey 200m Lizzie Thompson (C) 28.5, Maria Sidoli (C) (C) 24.90, Amanda Le (O) 22.18, Nicola Whiffen (C) 29.8, Sumoyee Basu (O) 30.9, Lucy Baldwin (C-20.20, Natalie McDaid (O-guest) 15.59 guest) 31.6, Oge Okpala (C-guest) 32.1, Roxanne Hammer Rosamund Healey (C) 22.42, Nicola Whiffen (C) 16.09, Amanda Le (O) 15.00, Nathalie McDade Swerdlow (O) 37.7 400m Katie Sandford (C) 63.9, Philippa Geering (C) (O) 12.90 67.4, Susan Hedge (O) 72.2, Sumoyee Basu (O) 73.5 Javelin Natalie McDaid (O) 22.79, Susan Hedge (O) 800m Rose Penfold (C) 2:22.3, Sophie Dundovic (C) 21.68, Kathryn Hesketh (C) 21.63, Amanda Le (O-2:27.1, Noelle Lopez (O) 2:30.6, Elisabeth McFarlane guest) 19.66, Rosamund Healey (C) 17.10 (O) 3:39.8 4 x 100m Cambridge (Castle, Jepp, Moss, Thompson) 1500m Hayley Munn (O) 4:59.5, Grace Geilinger (C) 56.1, Oxford (Nord, Le, Basu, Gatehouse) 57.8 5:11.3, Rachel Kitchen (C) 5:12.7, Alison Garton (O) 4 x 400m Cambridge (Sandford, Tomouk, Penfold, Thompson) 4:20.7, Oxford (Waldon-Day, McDaid, 5:34.6 3000m Hayley Munn (O) 10:25.8, Noelle Lopez (O) Garton, Munn) 4: 57.8 10:26.9, Mairead Rocke (C) 10:33.3, Rachel Heard **Result Cambridge 110 Oxford 75** (C) 11:15.8 C.J.R. Thorne 16 Nov 2009 100m hurdles Lizzie Thompson (C) 18.1, Eloise Waldon-Day (O) 18.7, Elle Gatehouse (O) 19.7,

AMERICAN ACHILLES FOUNDATION

The foundation's capital fund continues to grow through the energies of Tom Blodgett and his board of directors. For the first time the Foundation were able to make a very substantial contribution to the subsidy of Oxford & Cambridge visit to the US, as acknowledged in Jon Cook's tour report above.

In October they held their annual dinner, and Tom reports

We had a very good dinner, with a relatively small number of participants and especially good conversations about the long-term significance of the International Series between the four American and two British Universities. Lou Duesing, Coach at Cornell, joined us this year, and we are very hopeful that he can encourage other alumni to participate in future years.

Mark Steed represented the UK contingent, before embarking on the New York Marathon the same weekend.





VARSITY CROSS COUNTRY 2009

Against pre-match expectations, the Dark Blues secured a double victory in the annual 'Varsity Cross-Country Races at a wet Roehampton Vale on Saturday 5th December.

The 34th ladies' race began with Cambridge's hopes of registering their first win since 2006 being boosted by the withdrawal of Oxford's two most experienced runners. In the early stages, it looked as if these hopes would be fulfilled with Naomi Taschimowitz (Trinity) and fresher Amanda Scott (Churchill) taking the lead and the main body of the Light Blue team packed in the middle order.

However, as the course flattened out towards the half-way point, it was the Dark Blues who started to emerge ominously with Michelle Sikes (Lincoln), last year's winner, moving into second and solid support forming behind her, which picked off the Cambridge runners and crucially relegated their fourth scorer to 10th.

With Oxford holding a narrow advantage as the runners hit the heavy mud and dreaded Butts of the last mile, the result was still in doubt. However, the Dark Blues' strong team work mean that they were able to hold their positions and secure a 17 points to 21 victory and a 21-13 overall series lead.



Buoyed by their ladies' performance, the youth-

ful, but talented, Oxford gentlemen's team produced an outstanding performance to take the honours in the 119th race of their series. Prior expectations had been that Cambridge's more experienced eight might just have the edge over the very wet 7½ mile course, which this year had the added interest of a new watersplash.

However, with last year's first two, Richard Franzese (Wolfson) and David Bruce (Green Templeton), once again making the running, accompanied by team-mate, Andrew Heyes (St. Hugh's), and experienced Light Blue James Kelly (Jesus), Oxford has a strong presence at the front of the race from the off.

Behind them, and emulating their ladies' team, they were backed-up by good support work, in particular, with impressive performances from the freshers Jake Shelley (Somerville) and Luke Caldwell (Jesus).



Oxford's victorious gentlemen's team: Captain, Chris McGurk, being carried by (from left-to-right) Luke Caldwell, David Bruce, Andrew Heyes, Matthew Johnson, Joe Mercer, Jake Shelley and Richard Franzese.

By the time the runners headed out to Parkside, just after half-way, they were 20 points up and it appeared that only misfortune could deny them. However, it was to be their day and with Andrew Heyes pulling away from Kelly in the closing stages, they were able to secure a 1-2-3 and a 28 points to 52 victory. The individual honours were taken by David Bruce in a fine time of 38:02. This win pushed the Dark Blues back into the lead in the overall series by 60 wins to 59.

Earlier in the day, Oxford also secured a victory in the Old Blues' Race with last year's captain, Ian Kimpton, leading an unbroken string of seven Dark Blues home to a 98-165 scoreline. Simon Molden



The 34th Ladies' University Cross-Country Race Saturday, 5th December 2009, Roehampton 4 miles

Saturday, 5 December 2005, Roenampton 4 miles						
N.Taschimowitz	Trinity	Cambridge	23:22			
M.Sikes	Lincoln	Oxford	24:03			
A.Scott	Churchill	Cambridge	24:29			
H.J.Munn	St. Hugh's	Oxford	24:44			
N.R.Lopez	Balliol	Oxford	24:55			
F.I.MacInnes	Lady Margaret Hall	Oxford	24:59			
M.Rocke	Churchill	Cambridge	25:08			
C.R.Kane	Christ Church	Oxford	25:30			
B.J.Gardner	St. Catherine's	Oxford	25:35			
R.Heard	Fitzwilliam	Cambridge	25:41			
A.M.Anderson	Girton	Cambridge	25:47			
L.K.Barklie	Magdalene	Cambridge				
Oxford won by 17 points to 21 (2, 4, 5, 6) vs (1, 3, 7, 10)						
Captains: N.Poole (St. Hilda's) for Oxford						
F L Figures (Lucy Cavendish) for Cambridge						

E.L.Figures (Lucy Cavendish) for Cambridge

The 119th Gentlemen's University Cross-Country Race Saturday, 5th December 2009, Roehampton 7th miles

at	urd	ay, 5 ^{°°} December	2009, Roehampt		iles
	1.	D.J.Bruce	Green Templeton	Oxford	38:02
	2.	R.C.Franzese	Wolfson	Oxford	38:09
	3.	A.R.Heyes	St. Hugh's	Oxford	38:25
	4.	J.M.Kelly	Jesus	Cambridge	38:36
	5.	L.A.Caldwell	Jesus	Oxford	39:27
	6.	A.F.R.McGowan	Girton	Cambridge	39:30
	7.	J.Shelley	Somerville	Oxford	39:36
	8.	R.B.Brown*	Jesus	Cambridge	39:50
	9.	S.M.Lindner	Darwin	Cambridge	39:54
	10.	J.M.Mercer	Green Templeton	Oxford	39:56
	11.	C.P.McGurk*	Wadham	Oxford	40:08
	12.	C.A.M.Bannon	Downing	Cambridge	40:11
	13.	M.A.A.Grant	Queens'	Cambridge	40:39
	14.	M.E.Johnson	Jesus	Oxford	40:43
	15.	W.J.Mackay	Robinson	Cambridge	40:48
	16.	M.J.R.Clark	Homerton	Cambridge	45:57
xf	ord	won by 28 points	to 52(1, 2, 3, 5, 7	, 10) vs (4,	6, 8, 9,

Oxford won by 28 points to 52(1, 2, 3, 5, 7, 10) vs (4, 6, 12, 13) Team captains denoted thus *



The 18th Old Blues' Race Saturday, 5th December 2009, Roehampton 4 miles 1. I.D.Kimpton 21:33 Lincoln Oxford 2. A.D.Hennessy New College Oxford 21:40 3. B.Reynolds Brasenose Oxford 21:53 Oxford 22:02 4. S.C.Molden Christ Church A.P.Weir Magdalen Oxford 22:55 5. 6. C.J.W.Daniels 23:24 Worcester Oxford A.N.J.Robinson Balliol Oxford 24:00 7 8 R.Mathie Selwvn Cambridge 24:17

9. L.A.Richardson	Jesus	Cambridge	24:19
10. J.Gill	Hughes Hall	Cambridge	24:22
11. S.Rutherford	Girton	Cambridge	24:24
12. H.V.Rollins	Corpus Christi	Cambridge	24:48
13. H.C.Shields	Gonville and C	aius Cambridge	25:23
14. J.W.Herries	Selwyn	Cambridge	25:46
15. E.A.Ferenczi	New College	Oxford	26:25
16. E.Moffett	Wolfson	Cambridge	27:24
17. L.E.Whitaker	Wadham	Oxford	27:27
18. P.R.Wallace	St.Edmund Ha	II Oxford	27:55
19. L.E.Cundliffe	Newnham	Cambridge	30:03
20. E.L.Oxlade	St.John's	Oxford	30:44
21. T.M.Chen		Cambridge	31:50
22. J.H.Bleasdale	Pembroke	Cambridge	32:18
23. J.W.Bryant	Queen's	Oxford	36:24

Oxford won by 98 points to 165 (11-a-side) (1, 2, 3, 4, 5, 6, 7, 15, 17, 18, 20) vs (8, 9, 10, 11, 12, 13, 14, 16, 19, 21, 22)

II^{nds}-IV^{ths} 'Varsity Cross-Country Races

Saturday 28th November at Oxford (Sho	tover)
66 th Tortoises-Spartans Race (Gentleme	en's II nd teams)
Oxford won	31-54
59 th Snails-Barbarians Race (Gentlemen	n's III rd teams)
Oxford won	31-48
52 nd Gentlemen's IV th Team Race (Mob	Match)
Cambridge won	359-477
27th Turtles-Cheetahs Race (Ladies' IInd	teams)
Oxford won	15-23
23rd Ladies' IIIrd Team Race (Mob Match	ו)
Cambridge won	213-248
13th 'Varsity Club Challenge (aggregate	score)
Oxford won	5 races to 2

The Oxford and Cambridge Universities' Cross-Country Race is one of the oldest inter-club matches still in existence and dates back to the origins of organised sport in Britain. *Hares, Hounds and Blues* documents the history of this unique contest from its very humble and somewhat chaotic beginnings in the late-1870s, through the golden eras of the early twentieth century and immediately after the Second World War, to the current day where the event retains a privileged position as one of only 14 Full Blue sports at the universities.

It is far more than just a race between two university clubs; over its 125-year history, it has carried with it many stories of personal and collective achievement. It has acted as a breeding ground for a series world-class athletes and a stage for numerous talented university men and women to reach their own personal Everest. This book tells that story.

The book contains 406 pages, including full results of every Blues' Race since 1880 and summary details of all IInd-V^{ths} races since the first Tortoises-Spartans match in 1937.

Copies are available from **Simon Molden** and cost as follows:

Hardback	£25.00
Paperback	£13.50
PDF version on CD	£5.00
- All prices include postage and pa	ackina.



40 YEARS ON-ACHILLES c.1969



From Martin Wimbolt Lewis, CUAC President 1969

"Share your memories" was the inviting request. "Touch me, it's so easy to leave me all alone with the memory of my days in the sun" go the lyrics of 'Memory' from 'Cats'.

My Cambridge days were certainly days in the sun. The problem with ageing is that memories become both patchy and selective. Here goes then.

The general impression of my Cambridge and Achilles years (1966-72) have been those of great team cameraderie, mixed performances, and strange Oxbridge practices. To have Freshmen's trials, Varsity matches and Relays in November seems criminal now. The Milton Road track seemed perpetually windy. I went up with privilege, having already been an international and competed the summer before at the Commonwealth Games and European Championships.

However I started with a clean sheet and a new beginning in the Fens; Cambridge conditions seem to level the playing field. The first week was marked by running around Fenners track (clockwise; that's what you

did) because it was the only track I could find; Milton Road at that moment in time was for me a well kept secret. There at the cinder track circling the cricket pitch I met Tony Porten, who showed me the ropes, and became a friend. The crowning moment, which Cambridge routinely lost, was always the White City Varsity Match in May, well before the rest of the British athletics world had emerged from hibernation. None of these things did we question. Pity the women's sport wasn't developed then in the late 60's; they would have changed things.

There were the Achilles matches against some public schools. Notable was Eton where I had to chase down a seemingly huge handicap in the 440 yards (we



The big jump specially posed at Jesus Green,for the Cambridge Evening News, prior to the Varsity Match in 1969

16

1968 Relays teams at Iffley Road.

were not metric then; there was even a British Empire and Commonwealth Games in those days. Dinosaurs, the lot of us!) to catch the home team's finest. There was the tree inconveniently planted on a turn in the Eastbourne College 220 yards. On that occasion I chose life rather than victory, as Tony Porten smoothly negotiated the bend, while I did likewise with the tree ! I can still proudly boast the 800 meters ground record at Marlborough College. I think for the sake of progress, I wish I didn't. The strange thing was that all these idiosyncratic moments went without comment. I

clearly remember the good offices of Oxford undergraduate Jonathan Peacock for many years who managed the Achilles turnout and Robert Stinson who encouraged us to boldly go when we arrived at the right stadium. At Nottingham in a National League match, Jonathan once managed to 'persuade' me to throw the hammer, as we needed the point and I had arrived early.

The small crowd round the hammer cage warmed to the task of coaching my rookie technique (I had never lifted, let alone thrown a hammer before). Each time my helpless swing brought the hammer near the cage exit they would chant "now !" The momentum kept me swinging rather longer than is customary. The

first throw narrowly missed an official's foot, and the last broke the World Record (for the Long Jump) by a matter of inches. I reassured myself that all points added to the total,. Happily my retirement from serious athletics came at the end of another British League fixture, where I was fortunate

enough to anchor the Achilles quartet to a victory that saw the club gain promotion by 1 point ! Happy memories indeed; Achilles first and last

The general prevailing atmosphere when I competed was of gutty amateurism. We had people who attempted technique events like the 440 hurdles, who only took it up within the year of the Varsity match. Such Chariots of Fire habits once fuelled my preparation for a match against Loughborough. My warmup was a breezy dash up the M1 in my friend Iain Perring's rough old Austin Healey 3000. When we arrived, my ears were wasted by the booming exhaust roar, that I am surprised I heard the starter's pistol at all. Still, it was the way we did it then. I even had to come home early from the Mexico Olympics because despite the reasoned entreaties of Harold Abrahams to the University

10 CUAC athletes toured Sweden in

1969. 1500m: Phil Thomas (17),

Dave Bryant (14), Tony Ashton (16)



authorities, I had to miss the closing Ceremony or do an extra term. At that age, I wanted to get on with my life and not spend another term up. Like the lyrics to Frank Sinatra's "My Way", I have regrets (apart from not studying harder), and I can remember 'sitting out' the bienniel fixture against Harvard and Yale because I was getting over glandular fever in summer 1967.

There were always the personalities. Some I have referred to, but on the coaching side there was Allan Malcolm, who wrung his hands repeatedly at what he called my 'over training', and Roy Carter, who coached us, turning up in all weathers to exert his kindly, realistic and inspiring influence over us all. At my big moments, like winning the AAA's Championships in Olympic Year 1968, they both would emerge from the woodwork having quietly supported from the sidelines. Even the Oxford coach, Captain Mack, was my keen supporter in the closed season. Tony Elvin, a useful shot putter in his own right, was Milton Road groundsman, and regularly held a stopwatch for me as I attempted time trials at Milton Road, often after a late night, feeling like death. Ross Moughtin, Richard Green, John Rix and Phil Thomas turned out classy performances on the track, whilst Chris Cogswell heaved the shot successfully for CU. Mike Hauck, Peter de Villiers, Tony Shoebridge plus a host of Rhodes Scholars did wonders for the Dark Blues. (envy here). My memory goes into reverse thrust at this point.

They were good years, with few concessions to the streamlined professionalism of today. It was about the taking part and the doing as best as we could. The strangest memory of all was not of those years, but from 1985. This summed up the strange contradictions present in the Oxbridge sporting world. I was invited to referee the Varsity Match at Iffley Road, as an ex-President - by the Oxford President of all people. After the event that I think Oxford

won (no change there then), and where only one refereeing decision came my way, there were the inevitable reception and post match dinner at Balliol. My wife Sue and I gladly attended that dinner afterwards. As we made our way individually from a mid dinner comfort break, a fresh faced undergraduate cheerfully enquired of Sue (who was eight months pregnant at that stage) "Oh, which event did you compete in ?" He was serious ! We went over that episode many times, but couldn't quite decide which event might have given the best reply; long jump ? Pole Vault ? Shot Putt ? Oh well, another missed opportunity !

There we have it, short, I suspect, but sweet. Memories of another era. It is a different world now. I suspect though that I would recognise some of the traits from the late 60's even today. The rigors of Milton Road winter conditioning are still with me. I have not 'dropped the baton' yet. My two boys have enjoyed moderate success in cross country and middle distances (School and West Yorkshire Schools Champion) before they hit the very different pace of the music industry. My youngest daughter has discovered after shedding two stone at the age of 24 that she can actually run. We jog together along with Sue and our old dog Sam. I ran the London Marathon with Sue in 2000 (for Achilles Club !). I remember her turning to me yards after the finish and asking, " where's the runner's bloody high then ?" A hip replacement, two hernia repairs and two non vascular heart procedures cannot keep my endorphin lust at bay. So enjoy your sport, live for it while you can, but never be tempted to die for it. The main person we have to beat is usually ourselves, and there is a vast world outside of track and field. Its own disciplines have probably prepared us to face some of this world's stresses anyway. I'm preaching now, so time to stop.

All the very best for the new decade.

Ross Moughtin sent us all the photos from his scrap book and writes:

I was visiting my daughter and family in Cambridge, and with a spare morning I took my new camcorder to take some shots. I decided to visit the new track, noticing that most of the sportspeople were in fact women. The pavilion was empty and so I had a look round, especially at the notice boards. When I saw my name as still holding the second fastest 800m (shared with Herb Elliott) I naturally filmed the notice with my camcorder. Immediately this guy sprang from nowhere, looking at me as if I were a sex pervert or a city banker and accused me of filming through the open door of the ladies changing rooms. Thankfully I could show him shots only of my notice!

1970 Comm onwealth Games Trials. On the right Wimbolt Lewis 3rd 1:48.0 & Moughtin 5th 1:49.0 CUAC v AAA at Milton Road. 800m Andy Carter (1) 1st 1:51.2, Moughtin 2nd 1:52.9, Colin Cusick 3rd 1:54.5, Mills 4th 1:57

Malcolm Warburton was Hon Sec of OUAC in 1969 and writes:

In 1968, while secretary of Centipedes, I made the Blues team as second string to **Derek Perry** in the 880 yards. "Athletics Weekly" has a photo of the 100 yards, run in sunshine, and the 880 yards (10 minutes later) on a fooded track. It was the heaviest rain I had ever encountered and 1:56.0 in those circumstances was very creditable. OUAC had stayed in a Queensway hotel the previous night. I awoke to find that roommate **Richard Jones**

(3kS/C) had had a sleepless night. His first problem was my snoring, but then the noise from the Wakefield Trinity fans, partying below before the Rugby League Cup Final at Wembley (like the Varsity Match, this was televised on BBC's Grandstand), kept him awake for a few more hours. Then the derelict hotel building further down the street collapsed floor by floor (there were 6) and the fleet of fire engines' sirens made plenty noise. I slept as soundly as I ever had poor Richard did not sleep at all. Both 1968 and 1969 saw OUAC as comfortable winners of the Varsity Match.

In my final year, 1969, I was OUAC secretary and, with a strong intake of middle-distance runners, I did not merit a first team place. In fact I only scraped into the Centipedes team as second string miler, but produced a winning run in 4:24.3 against Alverstone. I remember jogging around at White City with **Richard Coates** (a former 'Pedes secretary who was now an ineligible 5th year student helping with team matters on the day). Ken Norris, the former long



distance star helping BBC as an in-field source of information, said to Richard and I "You look like a pair of nervous 3 milers" shortly before that race. "No, we're just a couple of nervous team managers", I replied and gave him all the information he could need on John Valentine and Phil Baker.

BBC Television required that the Varsity Match of 1969 took place during the Easter Vacation on 19th April, 3 weeks earlier than the normal date. In order to prepare for this I wanted a home match against a top class club the previous Saturday. I first approached Cardiff. who declined. but then decided to focus on 22 Blackheath. It was their Centenary year, and a match with OUAC seemed bound to be accepted by their committee (and was), but was unlikely to be so

well supported by the members (which also proved to be the case), and so interested guests from other clubs, notably TVH, also ran, plus Hillingdon's Olympic champion, **David Hemery**, who was finalising plans to study at Oxford

the next year. Additionally I arranged a meeting at Walton AC on the Tuesday, over intermediate distances (300m. 600m, etc.). James Coote, The "Daily Telegraph" correspondent, with whom I had some rapport, asked why this match and why those distances. I explained that I didn't want two sets of races at standard distances in the week before the Varsity Match, but wanted to guarantee one set. If the Oxford match was blighted by the weather we would ask Walton to revert to standard distances, and they would undoubtedly а g r е е James also thought he had spotted a rift when he realised Chris Kidd did not appear at the Trials, having been Junior Treas-

OXFORD v. CAM	BRIDGE (95th Match)	
White City Stadium, We	st London, April 19th, 1969	
 Yards. E. Oshorn (O.), 10:1 sec. M. Hauck (O.), 40:3 sec. T. Wallwork (C.), 10:4 sec. D. Roberts (C.), 10:4 sec. 	 440 Yards Intermediate Hurdles. 1. D. Clementi (O.), 53+5 sec. 2. I. Dawes (O.), 54+9 sec. 3. D. Knight (C.), 55+4 sec. 4. A. Blackmore (C.), 57+3 sec. 	1
 Yards. M. Hauck (O.), 21-4 sec. E. Osborn (O.), 21-9 sec. R. Green (C.), 22-1 sec. B. Bolton-Maggs (C.), 22-7 sec. 	 3,000 Metres Steeplechase. P. Braithwaite (O.), 8 min. 58.0 sec. H. Richards (O.), 9 min. 14.8 sec. A. Hope (C.), 9 min. 26.2 sec. J. Hazelden (C.), 9 min. 35.6 sec. 	
 440 Yards. 1. M. Winbolt-Lewis (C.), 48:4 sec. 2. B. Bolton-Maggs (C.), 50:6 sec. 3. L. Godfrey (O.), 51:6 sec. 4. S. Nussey (O.), 52:3 sec. 	High Jump. 1. C. Pardee (O.), 6 ft. 5 in. 2. T. Blacker (C.), 5 ft. 10 in. 3. P. de Villiers (O.), 5 ft. 10 in. 4. P. Thompson (C.), 5 ft. 6 in.	
 B. Aussey (C.), 22 Sec. 880 Yards. I. M. Winbolt-Lewis (C.), 1 min. 50-6 sec. C. Hudson (C.), 1 min. 52-6 sec. R. Moughtin (C.), 1 min. 53-7 sec. R. Brown (O.), 1 min. 54-1 sec. 	Pole Vault. 1. C. Kidd (O.), 13 ft. 0 in. 2. C. Balchin (O.), 13 ft. 0 in. 3. J. Bordas (C.), 12 ft. 0 in. 4. P. Thompson (C.), 11 ft. 6 in. Long Jung	
One Mile. 1. R. Steele (O.), 4 min. 08:8 sec. 2. C. Cusick (C.), 4 min. 11-5 sec. 3. J. Shemilt (O.), 4 min. 13:0 sec. 4. P. Thomas (C.), 4 min. 13:0 sec.	2. A. Shoebridge (O) , 22 ft. 4_{T} ft. 3. R. Lees $(O.)$, 21 ft. 0 in. 4. A. MacGregor $(C.)$, 20 ft. 9 in. <i>Triple Jump.</i>	1
 Three Miles. I. J. Valentine (O.), 13 min. 50-2 sec. C. Garforth (C.), 14 min. 10-8 sec. P. Baker (O.), 14 min. 11-2 sec. J. Rix (C.), 14 min. 16-2 sec. 120 Yards High Hurdles. P. P. de Villiers (O.), 13-5 sec. 	 L. Griffin (O), 45 ft. 8 in. L. Griffin (O), 45 ft. 8 in. I. Baird (C), 44 ft. 6³/₂ in. P. Clarke (C), 42 ft. 7 in. Shot Putt. C. Cogswell (C), 46 ft. 0¹/₂ in. R. Speed (O), 43 ft. 12 in. J. Armstrong (O), 42 ft. 10³/₂ in. W. Loader (C), 39 ft. 7³/₂ in. 	
 J. Crossman (C.), 15-6 sec. P. Aylward (O.), 15-7 sec. R. Young (C.), 17-0 sec. 	Discus. 1. B. Bardelang (C.), 133 ft. 8 in. 2. S. Grant (C.), 126 ft. 0 in. 3. N. Nops (O.), 125 ft. 2 in. 4. R. Speed (O.), 118 ft. 5 in.	1
 Yards Low Hurdles P. de Villiers (O.), C, 24:4 sec. J. Crossman (C.), 25:4 sec. D. Knight (C.), 25:6 sec. A. Shoebridge (O.), 25:6 sec. 	Javelin. 1. L. Hatton (C.), 196 ft. 7 in. 2. I. Perring (C.), 187 ft. 7 in. 3. J. Mackinnon (O.), 184 ft. 1 in. 4. P. Greenwood (O.), 178 ft. 3 in.	
Result 1st Oxford, 105‡ points. 2nd Cambridge, 81‡ points.		
		۰.

urer the previous year. In fact he was my closest friend in the team. Jim's suspicions rose when he rang to check the facts. I tersely explained in measured tones that "Kidd had travelled from his home in Pontefract and competed well in the Vault at



4 x 880 . 1. Max Harris passing the baton to Ross Moughtin; Martin Wimbolt Lewis is kneeling 2. Moughtin passes to Colin Cusick, having

pulled back 30 yards from Malcolm Warburton. In the light mackintosh on the infield is Roy Carter. CUAC won.



Cleckheaton and the Triple Jump at Scunthorpe" and JC felt he was being strung along. The reason for my terseness was that I was in mid-sesssion when the groundsman had called me to the phone, and everything I was saying was totally correct!

In 1968, at Loughborough, I had doubled as emergency reserve in the 200 metres (after running in what was at the time - 4th May - the fastest 800 metres race in Europe so far that year), as Coates' dodgy hamstring was being saved for the sprint relay. The consequence of that is that I have raced against at least one finalist in every running event at the 1969 Inter-Counties! I doubt whether anyone else, except perhaps Derek Johnson, has done the equivalent. My final races in OUAC colours came in the 1969 BUSF Championships at

Motspur Park. I ran in a 1500 metres heat on the Friday evening, and was duly eliminated. Several of us stayed at the home of **Hugh Richards'** family and the next morning I awoke feeling fantastic. I was looking forward the the 800 metres, where I was to be Oxford's

only representative. By the time the heats came I realised that we had at least one finalist in every running event and I was determined to complete the set. There were three heats, with two to qualify plus two fastest losers. The previous week (with Finals looming ever closer) I had won a 'Pedes 880 yards race in 1:58.4, being pushed to the line. I felt that my state of fitness gave me an optimum time of 1:57, with a 57 seconds first lap as the fastest I could envisage running in my state of (un)fitness. The first heat was sub 1:56 for the frst four finishers so I thought I had no chance of a fastest loser spot and focussed on a first two placing in heat 2 I was drawn second from



the kerb, with B. Foster of Sussex U on the inside. There was a false start, and I could see from Brendan's stance (for it was he), that he was going to shoot into the lead. He duly did, and I followed effortlessly in his slipstream. "This feels fast - it must be 57" I thought, approaching the bell, then heard the timekeeper shout out "54 ... 55", the latter when I was well past the 400 metres marker. Martin Watson of ULAC came alongside Brendan (running 800 metres because he

had just comleted his Finals) and I ran third for a while. Then on entering the home straight I burst through between them and led until the wheels came off 40 metres from home. Spectacularly! I finished oblivious to where I was, what I was doing, or even who I was, to find that I had qualified as the second fastest loser in 1:54.4! I don't know how I managed to start the final two hours after leaving the first aid tent (having had an oxygen mask for part of the half hour I was receiving atten-



Record breaking CUAC 4 x 880 team: 7:37.6y on 13 Nov 1969 (Moughtin 1:54.1, Max Harris 1:56.7, David Wilkinson 1:53.9, Richard Green 1:52.9)

1970 varsity match 800m⁻ Phil Lewis 1st 1:48 5 Moughtin 2nd 1:49.2, Cusick 3rd 1:50.6, Ron Forbes 4th 1:51.2

tion), and the head-to-head record now reads Brendan 4 Malcolm 0. Readers of "AW" may have imagined I fell (8th, 2:03.7), but actually after being fourth at 200m I was falling off the pack by the bell in 55.0.

One other clear memory is the build-up to the 1967 Varsity crosscountry. Oxford had a formidable team, including an Australian, a North Island New Zealander and a South African. All press comment was expecting an Oxford win, al-

though Cambridge also had a very good team. John Dawson had done his first medicine degree at Cambridge and was by then finishing his studies at Oxford. He was running to second team standard and knew both teams better than anyone else. A couple of days before the race I asked him who he thought would win. "Oxford - unless it snows!". I awoke on the morning of the race to several inches of snow. Cambridge won by the narrowest of margins. So much for press expertise.

Only Winbolt Lewis matches Oxford

Oxford's predictable victory over Cambridge in the Univer-sity athletics did little more than provide a reminder of the present insignificance of sporting contests between these two places.

Oxford scored 1054 points to S14, winning all the track events apart from the 440 yards and 880 yards; Cambridge made a better show in the field, with four victories against three, but their performances in the weight, isvelin and discus were the worst in the match for eight twelve. in the match for eight, twelve, and fourteen years respectively, and touries years respectively, The performances which one might link to other athletic fields were those of Winholt Lewis, the Cambridge president, Hauck and Clementi, Winholt Lewis won the half-mile in 1min. 50.0sec, his host time, but fell between taking Herb Elliott's intor-varsity record

of Imin. 49.9sec. and ushering Moughtin into second place. But Winbolt Lewis showed that this might become his first string event earlier than he anticipated. With John Davies out of action until midsummer, someone who can get under imin. 48sec. will be needed for early international competition. Hauck wants to get back into the international sprint relay team, and its running round the curve in the 220 yards was much botter than anything he did last year. His time, 21.4sec, was remarkable in the cold conditions. In the 100 yards he never seemed in touch, and his defeat by Osborn cost him a third double in this ovent. Valentine's hunched, cross country style was still too good for most of the other three milers. He seemed unworrised to have Garforth breathing on his neck for most of the way, and was too strong for him over the last two laps. The significance of Steele's mile in 4min. 8 Resc. was the acceleration he produced from front place, in the final back straight. His last lap took only 57.4sec. 57.4sec. Braithwaite chopped 5.6sec. off

his own best performance and

broke the match record in the steeplechase. He went away from the gun, kept his hurdling tidy all the way, and did not look to be run out at the finish; in better company he should soon get down under Smin. Soec. Clement's hurdling was encouraging, too, for, although he was stretching out towards the last two flights, the rhythm was maintained. Next year he should take the record off his fellow Wykhamist, Mike Hogen, 52.5sec; In fact he will need to get down to that this summer. broke the match record in the summer.

JOHN RODDA

Hemery studies

David Hemery, the Olympic 400 metres hurdles chainplon, is to go up to Oxford next October. He will go to St Cath-erine's College to take a ine-year course for a Diploma of Educa-tion before returning to his career in visual educational aids.



25 YEARS ON - OUAC & ACHILLES IN 1984

From Giles Clifford, OUAC President 1984:

Those male athletes lucky enough still to be in their second year at Oxford for the 1984 Varsity match had only experienced victory in the event,. This gave a feeling of real optimism and confidence to the year which, after all, was all set up for the usual unseasonably early mid-May event. We ground our way through freezing cold track sessions in the dead of winter, murderous but inspiring weekly circuits with **Captain Mack**, and the established sequence of one trek up to Cosford for some indoor racing, and late spring matches against universities and clubs in the Midlands and south-east. I was helped by great companions in the 'junta' of **Martyn Bowen** and **Andy Jones**, and the wonderful **Molly Brennan** as ladies' captain.



The autumn 1983 crop of Freshers included some real stars - a distance runner from Bradford rumoured to be even better than Andy Leach (Richard Nerurkar); a very talented Scottish 400m hurdler (Mark Hardie), yet another 2 metre high jumper (Mike Powell) and another very able 800m runner (lan Silvester). Confined to a guest role in the Varsity match, but also making his mark on the cross-country world, was star race walker Tim Berrett. Those were the ones who really made an impression, whilst some of the more exotic among the crop of Freshers Fair finds (the 10.1 sprinter from the USA and the like) never quite found their way down to Iffley Road and were quietly forgotten. Added to the mix were the returning hurdler Chris Humphry in the final year of a languages degree; survivors from the previous year's victory such as the English international high jumper **Phil McDonnell** and the rapidly improving 400m runner Martyn Bowen; perennials such as lan Jackson and Paddy Mbu in the heavy throws; and the find of the year - lan Morton from Balliol, for whom the enthusiastic timekeepers stopped the clock in cuppers at 10.66 for the 100 metres.

OUAC were keen to revive the touring tradition, and managed to do so with a trip to Sittard in

Holland (near a town named Maastricht that no-one at the time had ever heard of) and Le Touquet, with matches against some very amicable local opposition. The Le Touquet match was held on a track made up of what seemed to be black tartan carpet squares, and saw **Dwayne Heard** nearly jump out of the end of the long jump pit, to a loud cry of 'mon Dieu' from one of the judges. Although racing one-man bobsleighs down a fibre-glass track on the only hill in Holland was exciting, Le Touquet provided some of the most memorable off-track

action, as the match was followed by a civic reception in the town hall (complete with brief speech in best schoolboy French on 2 minutes' warning from the OUAC president), a lavish feast of moules et frites, much more murder of the French language and finally, for some, a game of tennis back at the hotel of such stupendous excitement that **Andy Jones** (Hon. Sec OUAC) curled up and went to sleep in the corner, leaving his partner to suffer an ignominious defeat alone.

For those keen on Achilles Club history, the trip was the origin of the Le Touquet trophy which in it original form was the rather garish cup with which we were presented by our hosts.

The Varsity match was kindly sponsored, to the tune of some bunting, a 5ft yellow plastic griffin, a barrel of beer and relatively a modest cheque, by a nice man from the Midland Bank. He had no doubt heard a hundred times the story we peddled of hundreds of pounds of student grants to be deposited, lucrative overdraft opportunities and the fantastic earning prospects of the leading lights of OUAC, but did not let his weariness show. If anyone in his role is reading this, I still bank with one of the Midland's successors, so keep up the good work!

The Varsity match went very much Oxford's way, with a fine clutch of one-twos, in the 100m, 400h and long jump; double wins for **Chris Humphry** in the shorter hurdles events, Ian Jackson in shot and discus, and **Dwayne Heard** in the Triple and Long Jumps. The closest race of the afternoon was a superb contest between **Mike Sherar** of Oxford and **Dave Higgins**, the





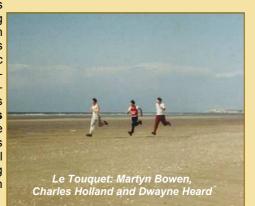
president, which was judged a dead heat, and I watched from the comfort of third place in the same until Andv Richardson shot past in the home straight and left me with the wooden spoon. Hardly less the 4x400 close, saw Chris Cholerton overhaul Dominic Emery in the very last strides to give Oxford victory and spark the ritual track invasion and presidential dunking. The Centipedes also enjoyed

a decisive victory under Nick Phillis's captaincy, with Aditya Rana winning the sprint double, and the Centipedes taking both relays, inspired perhaps by the sartorial elegance of Danny Matovu, he of the long white shorts and flowing hurdling style, or maybe by many the fine impressions of Captain Mack rendered by David Williams – ah yes!

Achilles activity that summer included a baking afternoon at Marlborough, courtesy of Achilles member Bruce Tulloh, who was then i/c athletics, at which some fairly rapid running was followed by a very good tea and, as was often the case with those schools matches, senior schoolboys were pulled or sometimes chased to PBs and Season's bests by the challenge of competing against the student teams - how we enjoyed their respect (and that of their elder sisters).

While the OUAC President that day eventually became the fastest lawyer over 5km in the City of London, and was for some years the fastest cross-country runner in the Central Banks of Europe, many of the Oxford team that day went on to really fine athletic achievements: Richard Nerurkar became one of the best Brit-

ish marathon runners of the late 20th century, his successes including winning the World Cup Marathon in 1993 and placing 5th at the 1996 Olympics; Phil McDonnell leapt to an English record of 2.24 before the summer was over, Tim Berrett has represented Canada in (so far!) five successive Olympic Games, Mark Hardie ran for Scotland at the next Commonwealth Games, Martyn Bowen and Mike Powell became regular Welsh internationals, Dwayne Heard represented the AAAs and enjoyed a long series of very high UK rankings, and Chris Cholerton won at least one England vest. Not in any of the teams that day, but playing an influential role in the later stages of proceedings through her crafty technique of swapping her full port glass for my frequently drained one, was another sporting star of the future - my dinner guest the 2008 British, European and World V45-49 triathlon champion Juliet Vickery.



The Presidents and Captains of the University clubs in 1984 were OUAC Giles Clifford and Molly Brennan, CUAC David Higgins and Tina Castling.

The Field Events Match was held at Milton Road, Cambridge on 29 February. Oxford won a close mens' competition by 4 events (High Jump, Long Jump, Triple Jump and Pole Vault) to 3 (Shot, Discus and Javelin). Major innovations on this date were the addition of the Hammer for men (nonscoring but won by Cambridge) and the first-ever Field Events Match for women. The latter's inaugural was not without problems, because the High Jump had to be abandoned for reasons of cold and lack of light; but by this time Cambridge had an un-

beatable 3-1 lead, having won the Long Jump, Discus and Javelin, while Oxford had won the Shot. The Relays Match was back at the Crystal Palace on 3 March 1984. Here the Achilles Club produced some of their most powerful teams ever and actually won 5 of the 7 mens' relays and all the 4 womens'. In the Varsity (only) competitions Oxford won both convincingly, by 6 to 1 in the mens' and 4 to 0 in the womens'.

The first part of the Easter Term 1984 saw both Universities holding their usual matches, against such clubs as the Army, Navy, RAF, Ilford, Essex Beagles, Bedford, Crewe and Alsager, Woodford Green and Bank of England, in the lead-up up to the Varsity Match, which was held at Iffley Road on 19 May. The



results were:

MEN, Blues Match

100m I. Morton (O) 11.0, C. Cholerton (O) 11.0, D. Fowler-Watt (C) 11.2, A. Harriman (C) 11.3

200m C. Chollerton (O) 22.2, A. Harriman (C) 22.4, I. Morton (O) 22.6, M. Pardoe (C) 22.9

400m M. Bowen (O) 48.7, D. Emery (C) 49.1, J. Cooper (C) 51.1, P. Keohane (O) 51.8

800m M. Sherar (O) and D. Higgins (C) 1:54.3, A. Richardson (C) 1:56.0, G. Clifford (O) 1:56.3

1500m N. Leach (C) 4:00.5, J. Barton (C) 4:02.2, M. Noden (O) 4:02.3, M. Power (O) 4:06.4

5000m R. Nerurker (O) 14:44.7, A. Deighton (C) 14:52.7, S. Williams (O) 15:00.0, J. Herries (C) 15:02.9

110m hurdles C. Humphrey (O) 15.5, A Fischer (C) 15.8, A. Jones (O) 15.9, R. Goodman (C) 17.0

200m hurdles C. Humphrey (O) 25.3, A. Jones (O) 25.7, A. Fischer (C) 26.7, R. Goodman (C) 26.8

400m hurdles M. Hardie (O) 54.7, M. Bowen (O) 55.3, R. Richards (C) 57.2, A. Fischer (C) 60.4

Steeplechase P. Bristow (C) 9:19.8, G. Baird (O) 9:39.0, I.

Lloyd (C) 9:43.8, A. King (O) 9:46.4 High Jump P. McDonnell (O) 2.15, M. Powell (O) 2.05, E.

Friend (C) 1.95, P. Byrne (C) 1.85 Pole Vault N. Clarke (O) 4.10, J. Cunningham (C) 3.70, J.

Coles (C) 3.70, R. Stone (O) 3.60

Long Jump D. Heard (O) 7.30, R. Warren (O) 6.46, I. Young (C) 6.45, B. Carr (C) 6.44

Triple Jump D. Heard (O) 14.10, M. Fasoli (C) 13.24, P. Burrows (O12.87, A. Mahoney (C) 12.83

Shot I. Jackson (O) 13.38, A. Morris (C) 12.86, P. Mbu (O) 11.69, G. Ziedler (C) 10.47

Discus I. Jackson (O) 40.88, J. Goodwyn (C) 37.22, G. Weatherall (C) 33.62, P. Mbu (O)

Hammer S. Clark (O) 50.36, G. Wetherall (C) 48.36, J. Flye (O) 36.66, C. Elwood (C) 32.74

Javelin P. Fulcher (C) 62.72, J. Goodwyn (C) 58.84, A. Duncan (O) 55.72, M.Porter (O) 52.60

4 x 100m Oxford (Morton, Cholerton, Phillis, Heard) 42.6, Cambridge (Fani-Kayode, Harriman, Carr, Fowler-Watt) 42.8

4 x 400m Oxford (Keohane, Holland, Bowen, Cholerton) 3:20.5, Cambridge (Cooper 51.2, Higgins 51.2, Cook 50.0, Emery 48.1) 3:20.5

3000m walk (n/s) T. Berrett (O) 12:03.2, C. Goodfellow 13:36.4, C. Hetherington 15:30.4, G. Browning 17:59.8 **Result Oxford 125, Cambridge 87**

WOMEN, Blues Match

100m M. Brennan (O) 12.7, A. Jones (C) 13.2, A. McFarlane (C) 13.6, J. Roynan (O) 71.1 200m M. Brennan (O) 25.9, S. Needham (C) 26.4, J. Rout (C) 26.8, P. Ashmore (O) 27.8 400m M. Brennan (O) 58.9, J. Rout (C) 59.9, L. Reynolds (C) 60.9, A. Gore (O) 62.5 800m B. Lovett (C) 2:16.2, A. Gore (O) 2:16.6, N. Sturman (O) 2:17.5, J. Neill (C) 2:22.7 1500m L. Hand (C) 4:47.3, N. Sturman (O) 4:55.9, S. Walker (O) 4:58.1, B. Lovett (C) 5:25.2 3000m (inaugural)L. Hand (C) 10:51.1, K. Shore (O) 11:34.5, C. Smith (O) 11:46.4, J. Kansson (C) 11:47.8 100m hurdles S. Needham (C) 15.1, M. Brennan (O) 15.9, T. Castling (C) 17.9, M. Hall (O) 20.4 400m hurdles M. Brennan (O) 67.6, J. Green (C) 69.7, G. McGill (C) 73.7 High Jump D. Nagan (O) 1.60 equals record, M. Worrell

(C) 1.55, T. Castling (C) 1.55, P. Curry (O) 1.35 Long Jump T. Castling (C) 5.42, S. Needham (C) 5.11, P.

Ashmore (O) 4.92, M. Hall (O) 4.46 Shot D. Nagan (O) 9.67, A. McFarlane (C) 9.57, P. Bacon

(O) 8.86K. Cook (C) 7.45

Discus K. Cook (C) 35.58 **record**, D. Nagan (O) 28.60, H. Townshend (C) 27.52, P. Bacon (O) 21.34

NEWS OF CAPTAIN MACK

Peter Crawshaw writes: I visited a supplier of patio doors in Crawley last year: it is a company staffed by Poles, led by a guy called 'Stan'. On leaving, I used a couple of my very limited words of Polish, and was greeted by a torrent which I had no hope of understanding. I explained that I only knew the few words picked up in two visits to Warsaw in the early '70s. This prompted Stan to ask the nature of the visits: when I said that they were sports related, due to my university coach being Polish, the inevitable connection was made. I wasn't that surprised that he knew **Capt Mack**, but he then said he and I must have met before, as he was involved in arranging the OUAC visit in 1970/71, when we trained at the Skra Stadium. He had lost touch with Mack, despite searching for him on the internet ("you know he is a hero!"). So, I was able to supply his number...

I'm happy to report that **Brian Hull** and I found Mack in good form and not bad shape (especially for 93!). He can't read or distinguish detail, but is able to get about. He was off to Holland for the 65th anniversary of the Arnhem landings (Operation Market Garden): he and his fellow veterans were due to meet the Prime Ministers of Poland and the Netherlands.

Dwayne Heard writes: I was one of those enquiring after Capt Mack. I was pleased to hear that he is working on an autobiography. We badgered him many times about writing something down of his many adventures, which we so much enjoyed hearing about. The one about his escape from the train en route to the Katyn forest was most memorable. I also enjoyed an OUAC training trip to Warsaw with Capt Mack in 1985.

As always, I enjoyed reading the Achilles report. My Varsity Matches are now featuring in the 25 years since... which is a bit scary! With life getting busier, and children growing up with their athletics (they compete for Ilkley Harriers and have done a few track competitions this year, my daughter Elizabeth is 13 now and is turning out to be quite a good sprinter and long/ triple jumper, I suppose with Anne and myself she has the right genes, and William, now 11, is also starting to do a bit more) I am finding it harder to get down to Varsity Matches like I used to. I suppose this is a penalty of living so far north! I started coaching a couple of years ago and have enjoyed working with lot of keen, eager youngsters at likley Harriers. We don't have a track, so everything is on grass or a cinders runup for training, and indoors for much of the year. Fell running still dominates at Ilkley, but track and field is becoming popular with the juniors. I see John Herries occasionally. We both ran in the Chevin Chase last boxing day. Richard Nerurkar used to win this race years ago - he is also from close by



Javelin A. Trainor (O) 35.30, J. Gut-teridge (O) 30.30, M. Worrell (C) 29.30, C. Hamilton (C) 25.48 4 x 100m Cambridge (Jones, Castling, Needham, Rout) 50.6, Oxford (Sturman, Buttner, Ashmore, Brennan) 51.1 Result Cambridge 69, Oxford 65 MEN, Centipedes v Alverstone 100m A. Rana (O) 11.3, N. Phillis (O) 11.3, F. Fani-Kayode (C) 11.4, A. Hayes (C) 11.6 200m A. Rana (O) 23.2, F. Femi-Kayode (C) 23.3, S. Goatley (O) 23.4, K. Odulate (C) 24.0 400m T. Cook (C) 50.7, S. Marchese (C) 51.2, Y. Debrah (O) 51.5, C. Holland (O) 51.8 800m T. Cook (C) 1:54.8, J. Hamilton (C) 1:54.8, I. Silvester (O) 1:56.0, T. Horn (O) 2:00.9 1500m D. Maley (C) 4:01.2, J. Roome (O) 4:03.2, H. Shields (C) 4:05.4, J. Beck (O) 4:16.3 5000m D. Gilbert (C) 15:45.7, A. Clark (C) 15:58.1, R. Porter (O) 16:17.3, A. Jackson (O) 16:28.0 110m hurdles D. Pierce (C) 16.7, D. Matavu (O) 16.7, P. Carleton (C) 17.0, D. Eckley (O) 17.8 200m hurdles P. Carleton (C) 27.2, D. Pierce (C) 28.0. S. Findlay (O) 28.4, S. Goatley (O) 28.8 400m hurdles A. Nesom (O) 59.4, S. Marchese (C) 60.8, P. Carleton (C) 61.1, N. Binns (O) 66.0 Steeplechase J. Hollingdale (O) 9:45.4, P. Sowerby (C) 9:57.0, J. Crosby (C) 10:09.3 [S. Slorach (O) disqualified] High Jump D. Holden (O) 1.85, A. Gammie (O) 1.80, P. McMahon (C) 1.80, C. Constable (C) 1.80 Pole Vault D. Eckley (O) 3.80, E. Seager (O) 3.80, D. Pierce (C) 3.30 [C. Constable (C) no height cleared] Long Jump E-D. Atake (C) 5.94, S. Chapman (C) 5.89, A. Clark (O) 5.85, D. Williams (O) 5.60 Triple Jump D. Williams (O) 12.97, C. Hovenden (O) 12.71, S. Chapman (C) 12.33, W. Cooper (C) 12.00 Shot T. Woodcock (O) 11.08, M. Labbett (O) 10.83, P. Williamson (C) 10.0, S. Williams (C) 10.00 Discus A. Gammie (O) 36.50, S. Munro (C) 34.82, T. Woodcock (O) 33.74, S. Barton (C) 31.78 Hammer M. Bishop (O) 33.72, T. Woodstock (O) 29.04, P. Williamson (C) 20.78, S. Barton (C) 18.68 Javelin J. Kitching (C) 50.38, D. Hannogan (O) 48.78, R. King (O) 43.74, M. Dinwoodie (C) 40.68 4 x 100m Centipedes (Goatley, Jones, Rana, Humphrey) 44.0, [Alverstone (Fischer, Atake, Young, Pardoe) were disqualified] 4 x 400m Centipedes (Clifford, Silvester, Warren, Sherar) 3:26.2, Alverstone (Marchese, Leach, Bristow, Richardson) 3:29.7 **Result Oxford Centipedes 116,** Cambridge Alverstone 92 Later in the summer, the Universities hosted a visit from **Dartmouth College**, who were unaccompanied by any partner. Two competitions were held, the first

being the traditional one, on 20 June, although the home side, Oxford and Cambridge were strengthened by being a "past and present" squad. The result, for the men, was still a victory for the Americans, by 107 points to 91, with the home victories being in the 100m (Cholerton 11.4), 200m (Emery 22.7), 110mh (Fischer 15.8), 400mh (Hardie 55.1), Long and Triple Jumps (Neil 7.21 and 14.72), Javelin (Goodwyn 60.82) and 4 x 100 (43.2). In the womens' match, the

home side, similarly augmented by graduates, was

Martyn Bowen, 'Griffin', Andy Jones, Giles Clifford, Chris Humhpry

much too strong for the visitors, who were beaten by 92 points to 59. Oxbridge won no fewer than 12 events - 100m and 200m (Wheeler 12.7 and 26.0), 400m (Parker 57.0), 800m (Gore 2:17.8), 100mh, Long Jump and Shot (Kyei-Mensah 15.4, 5.47 and 11.14), 400mh (Brennan 68.3), High Jump (Worrall 1.50), Discus (Nagan 28.30), Javelin (Morris 35.76) and 4 x 100 (51.1).

A second match was held at the Milton Road track in Cambridge on 24 June, when the visitors competed against CUAC past and present. The results were similar, but the womens match much closer -

Dartmouth winning the mens' by 102-85, and Cambridge the womens' by 79-77. Home victories for the men were: 100m (Burton 22.6), 400m and 800m (Jones 49.8 and 1:53.6), !500m (Leach 4:03.7), 110mh (Shiret 15.5), 400mh (Ploszajski 56.9), Triple Jump (Pardoe 13.69) and Javelin (Goodwyn 58.00). For the women, CUAC winners were: 100m (Wheeler 12.2), 200m, 100mh and 400mh (Wells nee Tuffnell 27.1, 16.5 and 63.4), 400m and 800m (Parker 59.8 and 2:14.5), Long Jump (Castling 5.46), Discus (Totnshend 32.46) and 4 x 100m (52.7).

The main event of the Michaelmas Term was the Freshers Varsity Match held at Cambridge on 31 October. Cambridge won by 116 points to 66; they won also in the concurrent womens' match (not confined to Freshers), here by 78 points to 63.

- CJRT



Matt Weaver reports on his early months of married life: The building next door burnt down. For a while we thought we would be homeless: there were some big flames That is our bedroom window on the right of shot.'